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MAY 2024

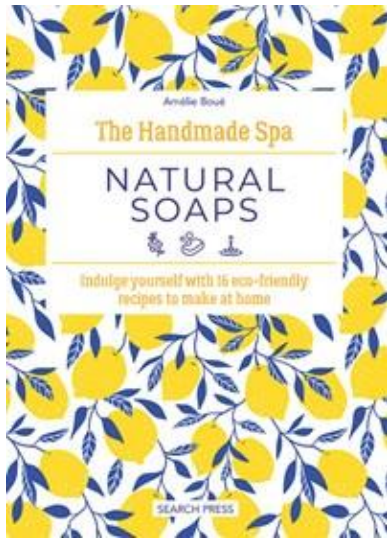


BEGINNER'S GUIDE TO CYANOTYPE
BY KIM TILLYER



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Search Press
9781800922105
Pub Date: 17/05/2024
£9.99 UK
Hardcover

80 Pages
WJH
Series: The Handmade Spa
Territory: World
20.8 cm H | 15 cm W

The Handmade Spa: Natural Soaps

Indulge yourself with 16 eco-friendly recipes to make at home

Amélie Boué

Key Selling Points

- SELF-CARE TAILORED TO YOUR SKIN - beginner-friendly recipes and easy-to-master techniques.
- 16 CAREFULLY-CRAFTED SOAP RECIPES to indulge your senses and nourish your skin, using natural ingredients.
- INCLUDES EXPERT ADVICE ON THE CHEMISTRY OF SOAP MAKING, plus safety information.
- THE GORGEOUS, VIBRANTLY SCENTED SOAPS ARE IDEAL AS CHRISTMAS OR BIRTHDAY GIFTS, or as a little me-time treat.
- ECO-FRIENDLY COLD SOAP-MAKING PROCESS - the techniques consume very little energy while preserving the best properties of your natural ingredients.
- AUTHOR IS AN AUTHORITY ON THE SUBJECT - Author Amélie Boué is the founder of French soap company Savon en Bullant.
- PERFECT COMPANION to *The Handmade Spa: Natural Cosmetics* by Sara Duménil (9781800922112), publishing at the same time.

Summary

Create your own sumptuous range of skin-kind, eco-friendly artisanal soaps.

Whether you're a seasoned soap maker or a complete beginner, learn to create stunning and sustainable soaps to keep or to gift. Delve into the science behind soap making and gain a deep understanding of the chemistry involved; learn about the properties of different oils and additives and discover how to formulate recipes that result in 16 luxurious, skin-friendly soaps.

This comprehensive guide, written by artisanal soap-maker, Amélie Boué, founder of the French soap company Savon en Bullant, is your ticket to creating gentle, eco-friendly soaps from the comfort of your own home. With Amélie's expert guidance, you'll gain confidence in experimenting with ingredients and creating blends that are explicitly tailored to your preferences. Ingredients include almond, peppermint, lavender, honey, beeswax - even coffee; ensuring that bathtime becomes an olfactory treat!

With a focus on natural and eco-friendly ingredients, this book teaches you how to harness the power of nature to create soaps that are not only beautiful but also kind to your skin and the environment. Explore a wide range of botanicals, essential oils, clays and colourants and learn how to incorporate them into your creations to add fragrance, texture and visual appeal.

Unleash your creativity and discover various techniques for swirling, layering and moulding soaps, allowing you to craft stunning designs that make each bar a work of art. With detailed step-by-step instructions, accompanied by beautiful photography, you'll be able to follow along easily and make soaps that are as visually captivating as they are nourishing.

Contributor Bio

Amélie Boué has always been a keen observer of the world around her. She has a background in biology, and a deep passion for nature.

After dedicating several years to the conservation of birds, she decided in 2016 to start her own small soap business; transforming what had been a hobby into a full-time occupation brought her immense joy.

In her soap-making ventures, Amélie finds gratification in crafting tangible, practical products while nurturing her creative side. She takes great pleasure in sharing her interest and passion for soap-making by conducting workshops for both adults and children alike.

Amélie's company, Savon en Bullant, is based in Rochefort, France.

CONTENTS

Foreword	6
Creating your soap	
What is soap?	10
<p>Soap is made using... a bit of chemistry! The history of soap The different types of soap Cold-process soap-making Timeless, multi-purpose, zero waste: soap versus the rest</p>	
Ingredients	15
<p>The base Additives</p>	
Let's get started!	22
<p>You will need Safety gear Handling lye – safety advice Developing the recipe</p>	
Basic production step by step	28
10 keys to success	34
Soap recipes	
Simply olive oil	38
Soft almond milk	40
Peppermint cordial	42
Honey and beeswax	44
Inspired by the sea	46
Lavender dreams	48
Glowing with health	50
Summer garden	52
Quick caffeine boost	54
Green spirulina shot	56
Creamy full fat milk	58
Mangoes for baby	60
Sweet Liège waffle	64
Herb-scented bouquet	66
Marbled Shea butter	68
Further information	
Glossary	72
Troubleshooting	74
Index	78

BODY – FACE For all the family

SIMPLY OLIVE OIL

A simple recipe that's ideal for getting familiar with the equipment and basic steps involved. This recipe stars the queen of oils – olive oil.

INGREDIENTS

1kg (35ℓ oz) olive oil
 124g (4½oz) lye
 330g (11½oz) water
 30g (1oz) white clay

Notes

- With its 7% superfat, this olive oil soap is very soft on the skin. It does not lather much, but it is not the foam that matters!
- White clay is well known for its softening properties.
- As it contains no essential oils, this super-simple soap can be used by the whole family.
- You can leave the soap to dry for longer than the four-week minimum – this particular recipe may take more time to harden permanently.

1. Weigh the lye, then dissolve it in 330g (11½oz) of water. Leave to cool.
2. Weigh the olive oil.
3. Once the lye has reached room temperature, pour it into the oil and mix until smooth.
4. Add the white clay and mix with the blender until you reach trace.
5. Pour into the mould and pop out 24 to 48 hours later.



BODY – FACE – HAIR
TEETH – SHAVING Not recommended for those who are pregnant or children under the age of 5

PEPPERMINT CORDIAL

A special green soap for sensitive skin that uses green clay renowned for its soothing properties. To reflect the colour palette, it is mixed with hemp oil and given a delicate menthol fragrance.

INGREDIENTS

600g (21ℓ oz) olive oil
 250g (8½oz) coconut oil
 150g (5½oz) hemp oil
 137g (4½oz) lye
 326g (11½oz) water
 30g (1oz) fine green clay
 4g (¼oz) peppermint essential oil

Notes

- With its 7% superfat, this green soap is very calming. It can be used on the body and face, but also as a shampoo for normal hair and sensitive scalps.
- It can also be used as shaving soap and toothpaste. In short, it's the perfect travel soap!

1. Weigh the lye and pour it into the water. Leave to cool, keeping an eye on the temperature.
2. Weigh and heat the coconut oil.
3. Weigh the olive oil and pour into the coconut oil.
4. Weigh the hemp oil and pour into the melted oil mixture.
5. When the temperature of the lye approaches 40°C (104°F), gently heat the mixture of oils to the same temperature.
6. Pour the lye into the oil mixture and mix until smooth.
7. Add the green clay and mix until you reach trace.
8. Add 4g (¼oz) of peppermint essential oil and mix.
9. Pour into the mould.



BODY – FACE Not recommended for those who are pregnant or children under the age of 5

SUMMER GARDEN

Gargantuan garden fruits and flowers take centre stage in this fresh, fragrant recipe!

INGREDIENTS

700g (24½oz) olive oil
 150g (5½oz) coconut oil
 100g (3½oz) sunflower oil
 50g (1½oz) grapeseed oil
 134g (4½oz) lye
 220g (7¾oz) water
 100g (3½oz) fresh fig juice
 Small handful of dried rose petals
 2g (¼oz) petitgrain bigarade essential oil
 2g (¼oz) clove essential oil

Notes

- This soap has a 5% superfat content to limit the risk of rancidity linked to the grapeseed oil.
- Fig juice is easy to extract using a juicer.

1. Weigh the lye and pour it into the water.
2. Leave to cool, keeping an eye on the temperature.
3. Weigh and heat the coconut oil.
4. Weigh the olive oil and pour into the coconut oil.
5. Weigh the sunflower oil and grapeseed oil and add to the mix.
6. When the temperature of the lye is approaching 40°C (104°F), gently heat the mixture of oils to the same temperature.
7. Pour the lye into the oil mixture and mix until smooth.
8. Add the juice from the figs and the rose petals (ground in an electric coffee grinder).
9. Add the essential oils, stir and pour into the mould.



BODY – FACE – HAIR Not recommended for those who are pregnant or children under the age of 5

LAVENDER DREAMS

The delicious scent of lavender is mixed with Moroccan clay to transport you to exotic climes!


INGREDIENTS

750g (26½oz) olive oil
 200g (7ℓ oz) coconut oil
 50g (1½oz) castor oil
 136g (4½oz) lye
 326g (11½oz) water
 30g (1oz) ghassoul (Moroccan clay)
 4g (¼oz) lavender fine (high altitude) essential oil

Note

- With 6% superfat, this soap contains ghassoul, a clay known for its rebalancing properties which makes it perfect for regulating sebum. It makes an excellent shampoo for greasy hair and a great soap for greasy skin.

1. Weigh the lye and pour it into the water. Leave to cool, keeping an eye on the temperature.
2. Weigh and heat the coconut oil.
3. Weigh the olive oil and pour into the coconut oil.
4. Weigh the castor oil and add it to the mixture.
5. When the temperature of the lye approaches 40°C (104°F), gently heat the mixture of oils to the same temperature.
6. Pour the lye into the oil mixture and mix until smooth.
7. Add the clay and mix until you reach trace.
8. Add the 4g (¼oz) of lavender essential oil, mix and pour into the mould.



BODY – FACE – HAIR Not recommended for those who are pregnant or children under the age of 5

GREEN SPIRULINA SHOT

Treat your loved ones to this green, vitamin-rich soap, made from micro (spirulina) and macro (dulse) algae.

INGREDIENTS

550g (22½oz) olive oil
 250g (8½oz) coconut oil
 100g (3½oz) sunflower oil
 137g (4½oz) lye
 326g (11½oz) water
 (300g) 10ℓ oz for the lye
 20g (¾oz) for the spirulina)
 10g (½oz) spirulina flakes
 5g (½oz) dulse seaweed

Notes

- This soap, with 7% superfat, contains spirulina, a micro algae that has a high concentration of proteins and vitamins, with numerous cosmetic properties.
- You can opt to dissolve the spirulina in the water or leave it totally or partially in flakes for a more translucent soap, dotted with the green particles of algae.

1. Weigh the lye and pour it into the water.
2. Leave to cool, keeping an eye on the temperature.
3. Weigh and heat the coconut oil.
4. Weigh the olive oil and pour into the coconut oil.
5. Weigh the sunflower oil and add to the mix.
6. Weigh the spirulina and add the water so that the flakes dissolve completely. Set aside.
7. When the lye and the mixture of fats reach a temperature of around 40°C (104°F), pour the lye into the oil mixture and mix until you reach trace.
8. Add the algae and seaweed (whole or ground in an electric coffee grinder).
9. Add the spirulina batter, stir and pour into a mould.



BODY – FACE Not recommended for those who are pregnant or children under the age of 5

QUICK CAFFEINE BOOST

Whether you like a good scrub, you're a DIY enthusiast with gny hands or are simply a coffee lover, this soap is for you!

INGREDIENTS

600g (21ℓ oz) olive oil
 200g (7ℓ oz) coconut oil
 100g (3½oz) sunflower oil
 50g (1½oz) shea butter
 50g (1½oz) nigella oil
 136g (4½oz) lye
 330g (11½oz) liquid coffee (cooled)
 10g (½oz) coffee grounds (or ground coffee)
 4g (¼oz) patchouli essential oil

Notes

- Coffee soap, with its 6% superfat, is renowned in the cosmetics world for its deodorizing and degreasing properties.
- Adjust the quantity of coffee grounds you use to increase or decrease the exfoliating properties.

1. Weigh the lye and pour it into the coffee.
2. Leave to cool, keeping an eye on the temperature.
3. Weigh and heat the coconut oil and the shea butter.
4. Weigh the olive oil, sunflower oil and nigella oil and pour into the melted butter. Set aside.
5. Weigh the coffee grounds and, again, set aside.
6. When the lye and oils reach a temperature of around 40°C (104°F), pour the lye into the oil mixture and mix until smooth.
7. Add the coffee grounds and mix until you reach trace.
8. Add the patchouli essential oil, stir and pour into the mould.



BODY – FACE Not recommended for those who are pregnant or children under the age of 5

SWEET LIÈGE WAFFLE

Almost good enough to eat, this mouth-watering soap will thrill chocolate addicts and dessert lovers alike.

INGREDIENTS

600g (21ℓ oz) olive oil
 200g (7ℓ oz) coconut oil
 100g (3½oz) cocoa butter
 100g (3½oz) hazelnut oil
 132g (4½oz) lye
 330g (11½oz) water
 3 tbsp low-fat cocoa powder
 4g (¼oz) vetiver essential oil
 4g (¼oz) sweet orange essential oil

Notes

- This soap, with 7% superfat, is sure to be popular in both the kitchen and the bathroom.
- It takes a bit longer to make than the other recipes, as you need to work the two batters separately, then pour your soap into the mould in two batches.
- The colour contrast between the two batters can be accentuated by adding ground coffee to the darker one.

1. Weigh the lye and pour it into the water. Leave to cool, keeping an eye on the temperature.
2. Weigh the coconut oil and the cocoa butter. Heat gently.
3. Weigh the olive oil and pour into the coconut oil.
4. Weigh the hazelnut oil and add it to the mix.
5. Add the lye to the oil mix when both the lye and the mix reach 45°C (113°F).
6. Stir until smooth.
7. Remove some of the batter (around half) and set aside.
8. Add 1 tbsp of powdered cocoa powder to one of the two batters, and mix until you achieve a nice firm trace. Add the sweet orange essential oil, stir and pour into the mould.
9. Sprinkle 1 tbsp of cocoa powder over the surface of the batter. Cover with a towel or cloth and set aside.
10. Go back to the second soap batter which should not yet have set, as it has not been extensively mixed. Add the vetiver essential oil and mix until trace is achieved.
11. Uncover the mould and gently add this second batter on top of the first.
12. Sprinkle the surface with the cocoa powder.





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The Handmade Spa: Natural Cosmetics

Indulge yourself with 20 eco-friendly recipes to make at home

Sara Duménil

Key Selling Points

- SELF-CARE TAILORED TO YOUR SKIN - beginner-friendly, indulgent, natural recipes that are customized to your skin type.
- AUTHOR IS AN AUTHORITY ON THE SUBJECT - Sara Duménil, is the founder of French skincare company Formule Beauté: @formulebeaute - which has 14K Instagram followers.
- 20 EASY-TO-FOLLOW, NATURAL, SAFE RECIPES THAT YOU CAN CREATE IN YOUR OWN HOME - from facial cleansers, lotions, and moisturizers to body creams, scrubs and even personal hygiene products like toothpaste and deodorant.
- DETERMINE YOUR SKIN TYPE USING 2 QUESTIONNAIRES.
- WITH GUIDANCE ON CUSTOMIZING YOUR BEAUTY PRODUCTS TO SUIT YOUR SKIN.
- RECIPES USE ONLY ORGANIC INGREDIENTS free of additives and other nasties.
- PREPARATION TIME IS SHORT - from 5 to 20 minutes depending on the recipe.
- PERFECT COMPANION to *The Handmade Spa: Natural Soaps* by Amélie Boué (9781800922105) which publishes alongside.

Summary

Create your own indulgent range of natural cosmetics, for radiant, healthy skin.

Make your own natural beauty products and take control over what goes onto your skin.

With this guide in hand, you'll learn the art of crafting 100%-natural beauty products that are tailored to your body; take a quiz to discover your skin type and find out from the get-go the perfect formula for you. This comprehensive book, written by Sara Duménil, the founder of French skincare company Formule Beauté, is a treasure trove of inspiration for anyone looking to create their own customized beauty products.

Featuring 20 carefully curated recipes, this book covers a wide range of beauty essentials that you commonly find in your bathroom. From facial cleansers, lotions and moisturizers to body creams, scrubs and even personal hygiene products like toothpaste and deodorant, you'll have all the tools you need to glow up your natural beauty routine.

Before diving into the recipes themselves, you'll find essential guidance on selecting the right ingredients for your skin type and familiarizing yourself with the steps involved in creating your own beauty products from home. Discover the benefits of using organically farmed ingredients and how they can enhance the effectiveness of your homemade creations. Learn about the necessary equipment, explore attractive, reusable containers for storing your creations and gain insight into best practices for achieving optimal results.

With practical advice on preserving your handmade products, tips on maintaining hygiene throughout the process and precautions for those with sensitive skin, *Natural Cosmetics* ensures a safe and enjoyable experience and a smooth journey into the world of natural beauty.

Contributor Bio

A naturopathic expert specializing in natural cosmetology, Sara Duménil launched the Formule beauté brand in France in 2016, with a mission to make homemade cosmetics accessible to everyone. Sara is dedicated to offering a solution for those who seek healthier alternatives to conventional skincare products and aspire to create their own natural skincare formulations.

Through this book, Sara aims to provide a diverse collection of straightforward and efficient recipes, using minimal ingredients. Her aim is to harmonize the practice of creating homemade cosmetics with the demands of our hectic lifestyles.

Sara lives in a small city outside Paris, France.

CONTENTS

Introduction

Before you begin 7

- Five great reasons to get started
- What products can you make?
- Choosing the right ingredients
- Preserving handmade products
- Important information
- Key for recipes

Basic equipment 11

- For production
- Empty containers

Good practice 13

- Hygiene rules
- Precautions

Skin diagnostics 14

- Determining your skin type
- Assessing your skin's condition

Choosing your ingredients 18

- Suggested ingredients for each skin type
- Uses and properties
- Other active ingredients

What works for your skin type 22

- Make-up removal
- Toning
- Moisturizing
- Exfoliating (once a week)

The recipes

Face:

- Custom-blend micellar gel 38
- Custom blend moisturizer 40
- Hydrating detox mask 42
- Nourishing lip balm 44
- Cleansing lotion 46

Body:

- Moisturizing skin milk 48
- Creamy, nourishing balm 50
- Dry body oil 52
- Revitalizing scented mist 54

Hair care:

- Conditioning 2-in-1 mask 56
- Leave-in detangling cream 58
- Protective hair serum 60

Hygiene:

- Solid toothpaste 62
- Fresh roll-on deodorant 66
- Warm-tooled shower gel 68
- Protein-rich shampoo bar 64

General wellbeing:

- All-over cold cream 70
- Face-and-body butter scrub 72
- Massage candle 74
- Fizzing bath bombs 76

About Formule Beauté 78

CHOOSING YOUR INGREDIENTS

The ingredients you use in your handmade cosmetics are important and each of them has a well-defined, targeted purpose in relation to your skin.

Don't forget – an ingredient that works wonders on a friend may not work in the same way for you if you don't share a similar skin type.

Suggested ingredients for each skin type

Type	Your choice of hydro(s) (Ingredients)	Your choice of vegetable oil(s)	Other active ingredients (extracts, essential oils, clays)
Dry skin	Camomile Orange blossom Linden/lime tree	Sweet almond Avocado Apricot kernels	Pink clay Cocoa butter Mallow extract
Normal skin	Blackcurrant Lavender Rose	Argan Jojoba Macadamia	White clay Cucumber extract Mallow extract
Combination skin	Geranium Lavender	Jojoba Hazelnut	Green clay Honey extract
Oily skin	Eucalyptus Mint Tea tree	Jojoba Hazelnut Sesame	Green clay Cucumber extract Tea tree essential oil

Suggested ingredients for each skin type

Current condition	Your choice of hydro(s) (Ingredients)	Your choice of vegetable oil(s)	Other active ingredients (extracts, essential oils, clays)
Sensitive skin (*)	Camomile Lavender	Sweet almond Mango	Pink clay Mallow extract
Dehydrated skin	Orange blossom Linden/lime tree	Sweet almond Shea butter	Hyaluronic acid Aloe vera
Mature skin	Blackcurrant Rose	Argan Musk rose	Honey extract Rose essential oil

* Essential oils are not recommended for sensitive skin as they can be an irritant.

Uses and properties

HYDROLATS

A hydrolat, or floral water, is the aqueous extract of a plant, collected during the steam distillation process. It is basically the water collected during the distillation of essential oils. As it contains very few aromatic molecules compared with essential oils, there are no contraindications to its use.

Uses:

- In lotions, on their own or mixed with other hydrolats.
- In the aqueous phase of a gel.
- In the aqueous phase of an emulsion.

Properties:

- **Camomile:** soothing, softening, calming, regenerating.
- **Blackcurrant:** toning, antioxidant, refreshing.
- **Eucalyptus:** purifying, antibacterial, antiseptic, refreshing.
- **Orange blossom:** soothing, calming, comforting, regenerating.
- **Geranium:** astringent, balancing, purifying, refreshing.
- **Lavender:** astringent, regenerating, purifying, refreshing.
- **Mint:** toning, astringent, purifying, refreshing.
- **Rose:** balancing, skin tonic.
- **Tea tree:** antibacterial, antiseptic, purifying, cleansing.
- **Linden/lime tree:** soothing, softening, brightening, comforting.
- **Verbena:** toning, softening, repairing.

HYDRATING DETOX MASK

Detoxifying • purifying • astringent • refreshing

The detoxifying properties of green tea and cucumber make this highly refreshing mask a great skin purifier. A great source of oxygenation, it boosts hydration and reveals your skin's natural beauty.

BASIC TECHNIQUE 2: page 28.

EQUIPMENT: precision scale, bowl, small stainless-steel whisk, 50ml (1.8 fl.oz) jar, 0.5ml measuring spoon (optional).

INGREDIENTS FOR 50g (1.8oz):

- 27.2g (18.0oz) water
- 19g (1.4oz) green tea hydrolat
- 2.5g (0.2oz) cucumber hydroglycerine extract
- 1g (0.04oz) transparent grade xanthan gum (3 x 0.5ml measuring spoons)
- 0.3g Cosgard (10 drops)

HOW TO USE:

1. Pour the water, hydrolat and hydroglycerine extract into a bowl.
2. Sprinkle the xanthan gum over the mixture while beating vigorously to dissolve the powder, ensuring you get rid of any lumps.
3. Beat for 5 minutes until a smooth, lump-free gel forms.
4. Add the Cosgard, then mix again to ensure it is completely blended.
5. Transfer the mixture to a container.

CUSTOMIZING YOUR RECIPE:

- For sensitive skin, replace the cucumber extract, which can irritate delicate skin, with honey hydroglycerine extract.
- For skin that is prone to blemishes, add 5 drops of tea tree essential oil at step 4 of the recipe.

MOISTURIZING SKIN MILK

Hydrating • calming • softening • regenerating

Succumb to the heavenly scent of rose while jojoba oil and rose hydrolat work to protect your skin's softness and hydration. With the recipe making a generous amount, you can use this skin milk all over the body.

BASIC TECHNIQUE 1: page 26.

EQUIPMENT: precision scale, two bowls, bain-marie, basin of cold water, small stainless-steel whisk, 0.5ml measuring spoon (optional), syringe (optional), 100ml (3.4 fl.oz) squeezeable tube.

INGREDIENTS FOR 100g (3.4oz):

- 40g (1.4oz) water
- 36g (1.3oz) rose hydrolat
- 18g (0.6oz) jojoba oil
- 5g (0.2oz) emulsifying wax (16 x 0.5ml measuring spoons)
- 0.6g Cosgard (20 drops)
- 0.3g transparent grade xanthan gum (1 x 0.5ml measuring spoon)

HOW TO USE:

1. Tip the water, the hydrolat and xanthan gum into the bowl (aqueous phase).
2. Pour the oil and emulsifying wax into the other bowl (oil phase).
3. Heat the two bowls in the bain-marie, stirring the aqueous phase until the emulsifying wax has completely melted.
4. Remove from the heat, and pour the aqueous phase into the oil phase, beating hard with the small whisk for 3 minutes.
5. Continue beating, and place the bowl in the basin of cold water until the cream thickens and becomes smooth.
6. Add the Cosgard, then mix to ensure that it is completely blended.
7. Transfer the mixture to the tube.

CUSTOMIZING YOUR RECIPE:

- For milk that leaves a glow, add 5g (1oz) of gold mica at step 6.
- For an after-sun treatment, replace the rose hydrolat and jojoba oil with lavender hydrolat and a marigold macerate.

DRY BODY OIL

Moisturizing • repairing • regenerating • softening

Dry oil gives great, non-greasy coverage that leaves the skin feeling sublime while providing long-lasting nourishment. The mix of sesame, jojoba and plum oils leaves a satiny layer with a sweet almond scent.

BASIC TECHNIQUE 5: page 34.

EQUIPMENT: precision scale, bowl, small stainless-steel whisk, small funnel, 100ml (3.4 fl.oz) screw cap bottle.

INGREDIENTS FOR 100g (3.4oz):

- 50g deodorized sesame oil
- 24.9g (1.8 fl.oz) jojoba oil
- 24.9g (1.8 fl.oz) plum oil
- 0.2g vitamin E (6 drops)

HOW TO USE:

1. Tip all the ingredients into a bowl.
2. Mix using the small, stainless steel whisk.
3. Transfer the mixture to the bottle with the help of the small funnel.

CUSTOMIZING YOUR RECIPE:

- For dry oil with a bit of shimmer, add 5g (1oz) of gold mica at step 1.
- For a soothing after-sun oil, replace the plum oil with coconut oil and add 40 drops of fine lavender essential oil at step 1.
- For a massage oil that smells good enough to eat, add 50g (1.8oz) of natural vanilla fragrance at step 1.

REVITALIZING SCENTED MIST

Refreshing • fragrant • toning • energizing

This energizing, 100% natural mist can be used to perfume the body and hair (avoiding the face). Its fresh, tangy notes are softened by the vanilla and braced by the peppermint.

BASIC TECHNIQUE 4: page 32.

EQUIPMENT: precision scale, bowl, small stainless-steel whisk, small funnel, 100ml (3.4 fl.oz) spray dispenser.

INGREDIENTS FOR 100g (3.4oz):

- 37g (1.3oz) surgical spirit (rubbing alcohol)
- 25g (0.9oz) peppermint hydrolat
- 25g (0.9oz) verbena hydrolat
- 6g (0.2oz) sweet orange essential oil
- 5g (0.2oz) natural vanilla fragrance
- 2g (0.07oz) lemon essential oil

HOW TO USE:

1. Pour the surgical spirit (rubbing alcohol), the essential oils and the fragrance into the bowl, then mix with the smallest stainless steel whisk.
2. Add the hydrolats and mix again.
3. Transfer the mixture to the spray dispenser using the small funnel to help.

CUSTOMIZING YOUR RECIPE:

- For a peaceful night pillow mist, replace the hydrolats with 50g (1.8oz) orange blossom hydrolat, and the essential oil and 1g (0.04oz) fine lavender essential oil. Spray the pillow mist in your bedroom 15 minutes before going to sleep.

SOLID TOOTHPASTE

Cleansing • purifying • refreshing • protective

This toothpaste, made using coconut oil and clay, cleans teeth and freshens breath. The white clay protects sensitive gums while the green clay removes oral bacteria.

BASIC TECHNIQUE 3: page 30.

EQUIPMENT: precision scale, bowl, small stainless-steel whisk, 15ml glass jar.

INGREDIENTS FOR 20g (0.7oz):

- 10g (0.3oz) coconut oil
- 7g (0.2oz) superfine green clay
- 5g (0.2oz) superfine white clay
- 0.2g peppermint essential oil (3 drops)

HOW TO USE:

1. To make the coconut oil more liquid, run the bottle under the hot tap or place on radiator in water.
2. Tip all the ingredients into a bowl.
3. Beat the mixture with the stainless steel whisk until the mixture is well-blended and lump-free.
4. Transfer the mixture to the jar and leave to rest at room temperature for at least 2 hours.

CUSTOMIZING YOUR RECIPE:

- For a fresh, tangy taste, replace the peppermint essential oil with lemon essential oil.
- To whiten teeth, add 2g (0.07oz) bicarbonate of soda at step 1.

NOTE: Bicarbonate of soda is abrasive and should not be used for long periods of time otherwise you may damage the tooth enamel.

FACE-AND-BODY BUTTER SCRUB

Exfoliating • moisturizing • softening • soothing

This butter scrub has a generous, creamy texture making for a real 2-in-1 treatment, suitable for face and body. It provides the skin with deep nourishment while gently exfoliating to remove dead cells and impurities.

BASIC TECHNIQUE 3: page 30.

EQUIPMENT: precision scale, bowl, bain-marie, small stainless-steel whisk, 100ml (3.4 fl.oz) jar.

INGREDIENTS FOR 100g (3.4oz):

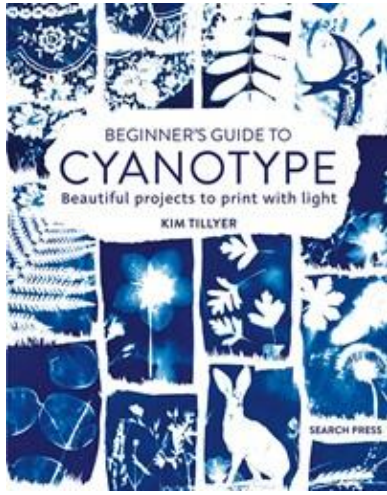
- 45g (1.6oz) shea butter
- 44.5g (1.6oz) argan oil
- 10g (0.3oz) plum-stone powder
- 4 drops vitamin E (tocopherol)

HOW TO USE:

1. Tip the shea butter, argan oil and vitamin E into the bowl.
2. Heat the bowl in the bain-marie until the shea butter has completely melted.
3. Place the bowl in the freezer for 10 minutes or so.
4. As soon as the edges of the mixture start to turn white, take the bowl out of the freezer and mix to a smooth, well-blended paste.
5. Add the plum-stone powder, then mix again to ensure that it is completely blended.
6. Transfer the mixture to a container.

CUSTOMIZING YOUR RECIPE:

- For a more powerful exfoliant, replace the plum-stone powder with cane sugar.
- For sensitive skin, opt for Epsom salts, which melt on contact with the skin, without damaging it.
- For a toning exfoliating butter, replace the shea butter with cocoa butter and add 40 drops of sweet orange essential oil at step 5.



Beginner's Guide to Cyanotype

Beautiful projects to print with light

Kim Tillyer

Key Selling Points

- **STUNNING YET ACHIEVABLE PRINTING TECHNIQUE** - Ideal for complete beginners looking for guidance and inspiration through 10 striking, graphic projects.
- **VERSATILE, INSPIRING CRAFT** - perfect for people interested in printing on a range of surfaces including fabric, card, clay and more.
- **DETAILED STEPS AND INSPIRING IDEAS** - with step-by-step instructions and photographs to explain the process simply and visually.
- **GREAT FOR PEOPLE INTERESTED IN DYEING** - Ideal for fans of shibori, tie dye and other versatile printing processes

Summary

Discover the joy of crafting with light, and create 10 beautiful blue cyanotype gifts and accessories.

Cyanotype is a mesmerizing photographic method that creates Prussian-blue prints: coat a surface with a light-sensitive solution, place your chosen items on it, then expose them to sunlight or a UV light to produce beautiful blue-and-white prints.

Originally used for botanical studies and technical drawings, it's now an affordable, enjoyable process you can use to transform everyday objects into extraordinary keepsakes.

In this book, artist and teacher Kim Tillyer guides you through cyanotype printing basics to create 10 stunning projects. Explore various surfaces, techniques, and mixed-media effects as you make botanical prints, cards, printed fabrics, jewellery and more, all accompanied by clear step-by-step instructions, beautiful photography and Kim's helpful tips.

Whether you're an aspiring artist or simply wanting to add a touch of blue to your makes, this beginner-friendly guide unravels the art of cyanotype, making it accessible to all.

Contributor Bio

Born into an artistic family, Kim was always encouraged to paint and draw creatively. Although as a teenager she went to Harrogate Art College in the UK for her Foundation year, it wasn't until Kim was in her late 30s that she began studying for a degree in Textiles and Surface Design at what was Cleveland College of Art and Design (now The Northern School). She graduated with first class honours at the age of 40. Kim rediscovered cyanotype - a process introduced to her as a child - via an old pack of Sun Print paper someone had given her children, while developing artwork for her degree; from there her blue-and-white adventures began.

Kim regularly participates in trade shows, exhibits at art fairs and galleries, and teaches workshops. She has illustrated several poetry and children's books, and her work has also featured in two regional magazines, Cumbria Life and Cumbria Magazine. In 2020, Kim appeared on BBC Countryfile as part of Wordsworth's 200th birthday celebration.

Kim is based in a studio near Keswick in the Lake District, UK.

For more information visit:

- her website: witchmountain.co.uk
- her Instagram and Facebook pages via @witchmountain

Search Press
 9781800920958
 Pub Date: 17/05/2024
 £14.99 UK
 Paperback

112 Pages
 AFH
 Territory: World
 25.9 cm H | 20.3 cm W



David Bellamy's Complete Guide to Landscapes

Painting the natural world in watercolour

David Bellamy

Key Selling Points

- **PERFECT FOR PLEIN AIR PAINTERS WHO LOVE NATURE** - Aimed at the beginner and intermediate watercolour artist alike
- **EXCELLENT TUTOR AT YOUR SIDE** - Watercolour master, David Bellamy, has sold over 65,000 books worldwide
- **LEARN TIPS AND TRICKS FROM RENOWNED ARTIST** - 14 clear, step-by-step projects, practical advice and inspiration from a master artist
- **GREAT GIFT BOOK COVERING A WIDE RANGE OF WILD LANDSCAPES** - Combines content from four of David Bellamy's best-selling watercolour books into a fresh, newly designed, single volume

Summary

Be inspired by watercolour master David Bellamy and learn how to paint glorious landscapes, capturing the natural countryside in all its moods.

Renowned watercolourist David Bellamy brings you a collection of his finest watercolour landscape paintings in one outstanding book. From mountains, rocks and crags, to moody skies, cloud types, shafts of light, haze, mist, and capturing tranquil water and raging seas, David's expert knowledge will guide you through to depict your own stunning scenes in lively watercolour.

David imparts in-depth practical advice on painting and sketching, clearly setting out all the techniques required, such as misty atmospheric effects, tackling frost and capturing the essence of each season.

David's inspiration from his extensive travels shines through in his paintings, capturing the ever-changing and rugged landscape in all its moods from all over the world.

This collection combines content from four of David Bellamy's best-selling watercolour books into a comprehensive, newly designed, single volume.

Contributor Bio

David Bellamy has always been fascinated by the world's wild places. Highly regarded as a teacher of art, he has a tremendous following among leisure painters, many of whom have attended his extremely popular courses and workshops both in the UK and overseas. He gives demonstrations and talks, produces successful DVDs, has written many books on watercolour painting and is a regular contributor to art magazines. David lives in Builth Wells, Wales.

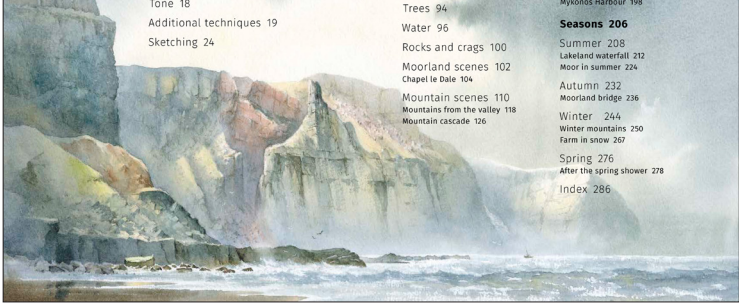
Search Press
9781782216780
Pub Date: 17/05/2024
£19.99 UK
Paperback
288 Pages
AFCC
Territory: World
27.9 cm H | 21.6 cm W



Contents

- Introduction 6
- Materials 9
- Basic brush techniques 12
- Working with watercolour 14
- Colour 16
- Tone 18
- Additional techniques 19
- Sketching 24

- Working from photographs 29
- Composition 30
- Buildings 32
- Skies 34
- Dramatic sky 38
- Light & atmosphere 54
- Sunlight & shadow 70
- Moorlands & mountains 92
- Trees 94
- Water 96
- Rocks and crags 100
- Moorland scenes 102
- Chapel le bale 104
- Mountain scenes 110
- Mountains from the valley 118
- Mountain cascade 126
- Seas & shorelines 136
- Coastal features 138
- Composition for seas scenes 156
- Coastal Harbour 164
- Figures and birds 174
- Lonely cormorant 178
- All at sea 186
- A day by the sea 192
- Mykonos Harbour 198
- Seasons 206
- Summer 208
- Lakeland waterfall 212
- Moor in summer 224
- Autumn 232
- Moorland bridge 236
- Winter 244
- Winter mountains 250
- Farm in snow 267
- Spring 276
- After the spring shower 278
- Index 286



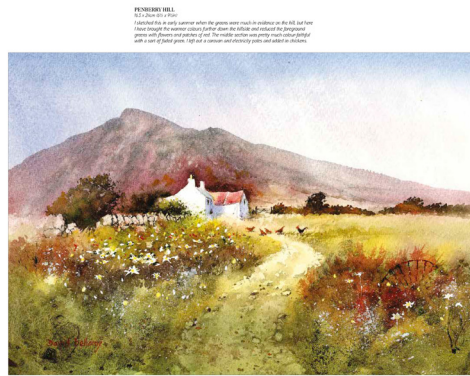
Introduction

The book brings together in one volume the four books in my previous series in an updated format, and begins with the three vital ingredients to landscape painting: composition, materials, and brush techniques. For the landscape painter, these elements are all inseparably linked together, so by studying them in a series of episodes with the same binding you will enhance your painting considerably. However your composition may be, it will fall short if it lacks the precision and imagination with which these three ingredients are carefully worked. In the most mundane of subjects can be transformed by the right lighting and mood, so whatever you may wish to paint, the techniques and devices you will find here will greatly enhance your painting. You will find a wide variety of scenery and subjects, and a wide range of different skies to try out. One of the advantages of being able to render a large selection of scenes, rocks or waterfalls from all angles is that you can paint the same subject time and time again in a completely different way, which will provide you with many excellent ideas for tackling your favourite subjects.

We then move on to the more traditional landscape of moorland and river, which has always held great fascination as a subject matter for landscape painters. However, there is much more to these stunning locations than the raw power and energy, and if you wish painting the Lakeland scenery there is much to be learned from many. Many moorland scenes will provide you with quite simple compositions, which can be extremely helpful for those with little experience. Trees, streams, lakes and waterfalls all lend themselves to study, and the examples shown in this section should help you improve your work even if you prefer to remain in the Lakeland.

Seas and shorelines form the next section, covering a wide variety of coastal scenery, including bays, harbours and headlands, with further examples of interesting skies. Existing approaches, sometimes with non-standard additions and technical effects that push your work to slightly new directions are discussed, and these should provide you with new ideas. The final section covers a variety of landscapes through the various seasons, and is again well stocked with techniques to enhance your watercolours.

Enjoy your painting



PENYRHILL HILL
This scene was painted when the water was much higher than in the 18th century. I have thought the water should be blue. The hillside and the buildings were painted with a mixture of blue and white. The water was painted with a mixture of blue and white. The sky was painted with a mixture of blue and white.

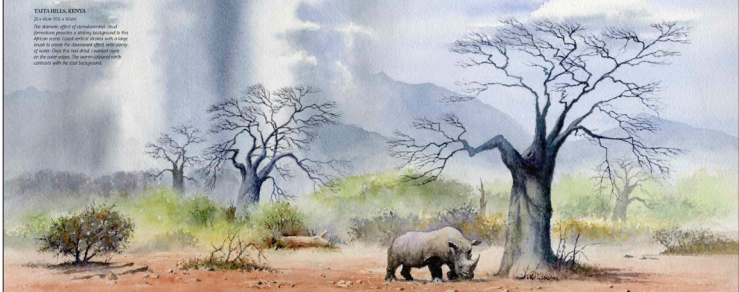
SKIES

When you set the mood of a landscape painting and greatly influence the light, yet many artists hardly give them any consideration. In this book you will find ideas of all sorts, and you are not limited to this section. Time spent carefully considering how you will tackle the sky is paying to be rewarded, and in this section you will find a range of ideas which will help you to create them, and also how to consider the composition of the sky and how it should relate to the landscape.

Occasionally it will come across a sky that fits with the scene in an interesting way, but most of the time I need to introduce a completely different type of sky to the most use of the composition in terms of mood, lighting, light and atmospheric considerations. This is where an experienced wide selection of sky reference material is vital to success. The problem can be

effectively solved in many ways, and there is rarely just one answer. So before starting a painting, I ask myself a number of questions: what sort of mood do I want to create with this composition? Do I want a cool, warm or neutral sky? What sort of day do I want to suggest? Is there a need for the sky to be used to balance the composition? Can the clouds or light in the sky be arranged to highlight a prominent landscape feature? How should the sky relate to the landscape, especially where the two elements meet? Do I want to suggest light coming from the side of the sky and so on, and so on?

These questions may seem to introduce over-complication, but after you have considered second nature and most are instantly resolved. Once that has been done, and you need to consider what techniques to use, whether to work on wet or dry paper and the order of working. With a bit of thought and knowledge you can turn your ideas into skilful work, and as we search to do with painting, it is often the simplest ones that have the most impact.



TUTUKULU HILLS
This scene was painted when the water was much higher than in the 18th century. I have thought the water should be blue. The hillside and the buildings were painted with a mixture of blue and white. The water was painted with a mixture of blue and white. The sky was painted with a mixture of blue and white.

Trees

Trees are often absent as a source of interest, or as a supporting feature. They can also provide some of a landscape's mood and atmosphere as an essential landscape element. Whether they are seen as an individual specimen or as a mass running down a mountainside, being simple and devoid of any detail is not always the best solution. There are also excellent ways to add depth to long horizontal or diagonal lines, such as the form of a hill.

FIVE COMMON MOUNTAIN TREES

Many different species of trees abound in mountainous areas, but these five are especially useful. They can be added to well-landscaped areas to enhance the composition, or as a centre of interest. Their unique shapes and textures are ideal for study.

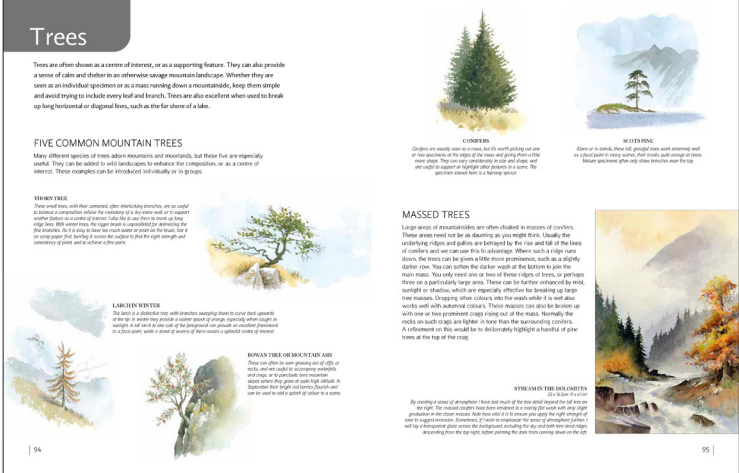
HORN TREES
These trees are found in the mountains of the Alps, and are a common sight in the mountains of the Alps. They are a common sight in the mountains of the Alps, and are a common sight in the mountains of the Alps.

WIND TREES
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LAKELAND TREES
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ROCKY MOUNTAIN TREES
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STRATHMOUTH TREES
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LIGHT & ATMOSPHERE

Light is a fundamental requirement for our painting, and with a consideration of the way in which light affects the way we see our work, especially when combined with strong atmosphere. In this section we look at how we can direct the lighting power of our work, including how to suggest shadows, the magic of reflected light, shimmering light, the colour of light and how atmospheric conditions can affect the way we see things. The intention is to provide you with a range of ideas for your painting, often with simple devices.

So often we see full, hazy watercolours where the lighting is so flat and boring that however well we have executed the work, it does not stand out from the crowd. With a little thought and know-how, you can find your painting given a tremendous lift by the techniques shown in the following pages. However, don't try to include them all in one painting, concentrating the viewer with varying light effects all over the composition. If everything's open, then everything will stand out as a strong focal point.

Mood or atmosphere is the king in the landscape scene. It can totally transform a scene and inject a sense of power and drama at the same time. In this section you will see how we can enhance a 'normal' landscape into one conveying the power and beauty of natural forces. How we can use it to create an unusual effect, or suggest mystery, impending doom, a light, airy atmosphere, tranquil moments and much more.

Mood can be especially effective in highlighting a centre of interest or suggesting a narrative. The methods that follow will provide you with the skills to enhance the emotional power of your painting. You can completely change the mood of the original scene you wish. Try to get out of the habit of always painting fields, clouds, white, or mist. Instead, find the whole composition with a colour mood to suit your idea, and if you can't find a colour mood, then you can use a range of other colours and textures. This can create when you feel uninspired.



PAINTING CLIFFS
The secret to painting cliffs is to study them with a view to picking out the most prominent lines of texture and shadow. These lines are your guide to the texture of the rock, where you will suggest the detail, and the overall effect is achieved by tone.

OVERCAST
This scene was painted when the water was much higher than in the 18th century. I have thought the water should be blue. The hillside and the buildings were painted with a mixture of blue and white. The water was painted with a mixture of blue and white. The sky was painted with a mixture of blue and white.

Coastal features

The best way of learning to paint coastal features is to go out and work directly from nature. This can be daunting without some prior experience and many will not readily be able to get out. This chapter is therefore aimed at introducing you to the problems and delights of working on these fascinating subjects by your confidence to start.

Practice as much as you can, even if you have only ten minutes before you need to start collecting for the next week. Being ready and prepared for your next excursion can make a great difference, and you really don't need to spend hours of your time to get your watercolour knowledge a little further. Keep a few sketches and a couple of landscape sketches handy for your reference and simply do the sketches around you perhaps observing this in a sketchbook or on a piece of paper, and you can use them as a reference when you are painting.



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The secret to painting cliffs is to study them with a view to picking out the most prominent lines of texture and shadow. These lines are your guide to the texture of the rock, where you will suggest the detail, and the overall effect is achieved by tone.

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CONSTRUCTION TECHNIQUE

This is a simple point drawing of a scene that can be used as a reference for your painting. It is a simple point drawing of a scene that can be used as a reference for your painting. It is a simple point drawing of a scene that can be used as a reference for your painting.



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PAINTING SUMMER TREES

One of the most common failures in painting summer trees is to create what look like large green bushes that are not trees. This is due to a lack of attention to the foliage. To find out more about the bark and overall main branches of trees, and how to paint them, see the chapter on trees. The chapter on trees will show you how to paint the bark and overall main branches of trees, and how to paint them.

CONING TREES
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WIND TREES
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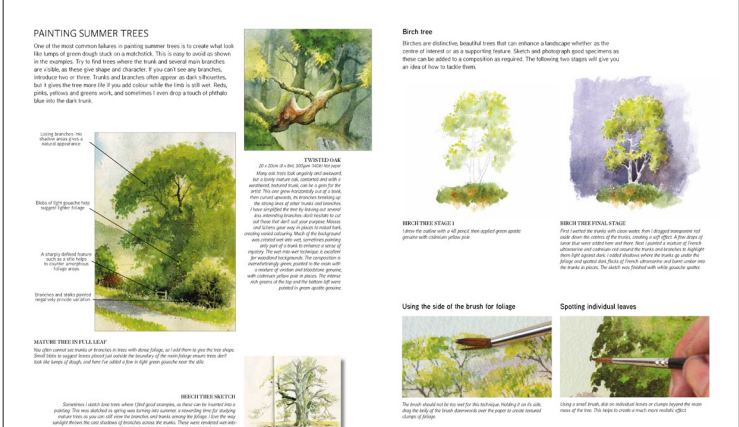
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LANDSCAPE UNDER DEEP SNOW

This scene is from North Shropshire, UK, immediately opposite the village of Shropshire. It is a simple point drawing of a scene that can be used as a reference for your painting. It is a simple point drawing of a scene that can be used as a reference for your painting.

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INTRODUCING COLOUR TO SNOW SCENES

When you are intent on painting a thoroughly cold environment, totally devoid of any colour, it is often a good idea to introduce a little colour. This can be achieved by painting the sky a pale blue, or by painting the snow a pale yellow, or by painting the trees a pale green, or by painting the buildings a pale red, or by painting the ground a pale brown, or by painting the sky a pale blue, or by painting the snow a pale yellow, or by painting the trees a pale green, or by painting the buildings a pale red, or by painting the ground a pale brown.

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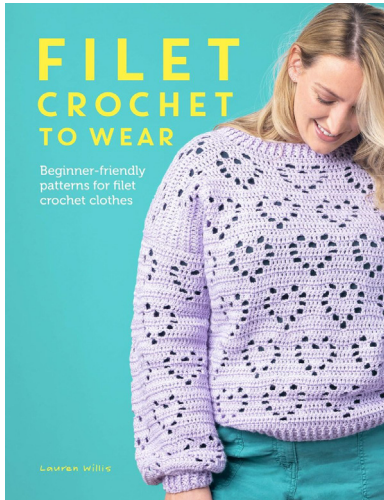
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Filet Crochet to Wear

Beginner-friendly patterns for filet crochet clothes

Lauren Willis

Key Selling Points

The only filet crochet garment book on the market.

Fun, accessible designs suitable for beginners, graded to multiple sizes for size inclusivity.

A modern take on the traditional technique of filet crochet.

Summary

If you thought filet crochet was just for doilies, think again – this collection of designs is a fresh new look at this traditional crochet technique.

Learn to filet crochet with this collection of 15 crochet patterns for filet crochet garments including sweaters, tanks, tee shirts and cardigans. Filet crochet only uses two stitches in a grid formation – chain stitch and double crochet (if you're American), treble if you're in the UK.

This stitch combination creates a mesh-like fabric which is great for showing different motifs and patterns. Filet crochet was traditionally worked using perlé cotton thread and used to create delicate home décor projects like placemats, coasters and tablecloths as well as curtains.

This fun collection takes it to another level by working it in thicker yarn and shows how impactful it can be when it's used for garments. There will be a wide range of motifs from abstract chevrons through to recognisable motifs for hearts, honeycomb and even Christmas trees, so you can make fun fashion pieces without worrying about complicated colourwork techniques.

The designs featured in this collection include sweaters and cardigans for the cooler months as well as lighter pieces including a tank top and tee shirts for warmer weather.

Author and crochet designer Lauren Willis, explains everything you need to know about how to work in filet crochet, including how to follow a chart to work the motifs, the stitches required and other tips and tricks.

The 15 project patterns are written in US crochet terminology but there is information about the equivalent UK terms, and other technical information such as yarn weights and hook sizes.

The size grading for all of the featured projects ranges from small adult (tween) up to another 10 sizes so the patterns are very size inclusive. Why not make filet crochet fashion for all the family.

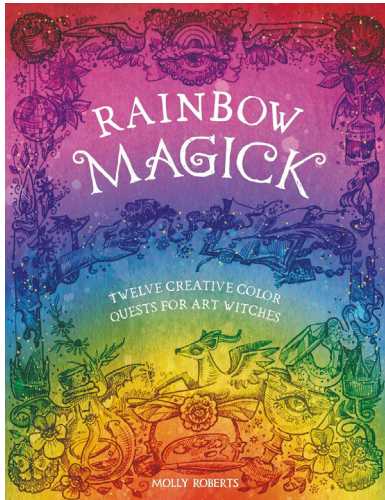
Contributor Bio

Lauren Willis is a crochet designer and technical editor specialising in garment design. She is committed to creating size inclusive patterns for all and is a filet crochet addict. Find her on Instagram where she posts as @manatee_squares.



David & Charles
9781446310649
Pub Date: 30/04/2024
£15.99 UK
Paperback

112 Pages
155 Illustration(s)
WFBC
27.3 cm H | 21 cm W



Rainbow Magick

Twelve creative color quests for art witches

Molly Roberts

Key Selling Points

"Quest" theme is unique approach to exploring a new topic - brings a gamified/adventure flavour to the book.

A great follow-up title to Art Magick and the Art Magick Card deck as it dives even deeper into colour and answers questions asked in those titles.

Has crossover appeal with potential to engage artists and writers with the focus and exploration of colour theory.

Summary

Rainbow Magick is a magickal method for creating an artful and enchanted life filled with creativity and the magick of color. This illustrated guide explores the power to be found in working with all the vibrant hues to be found around us, and filling your life with the brilliance of the rainbow.

Rainbow Magick guides the reader through a sequence of twelve "quests" in the form of crafts, recipes, activities, meditations and imaginative color experiments to experience the delightful benefits of color magick. From meeting the rainbow and learning about the meanings and associations of each color, to curating your own color guide, each quest deepens your relationship with the colors that speak to your soul, and encourages you to see the magick in the everyday. Author Molly Roberts lays out the seasonal and astrological palettes and what they mean, and offers practical tips and tricks on everything to do with the magick of color, from constructing a rainbow glamour, making temporary tattoos to wear a little magick on your body, through to rituals and visualisations to make color magick a part of your life.

The twelve color "quests" are the perfect practical exercises and experience to fire up the creative spirit and make drenching your life with the power of color seem the most natural thing in the world. Each quest explores a different aspect of the power of color, and is illustrated with stunning photography, providing a feast for the eyes as well as the spirit. Brimming with joy, *Rainbow Magick* is the perfect guide to unleashing a kaleidoscope of color – and joy – in your life. An essential read for all art witches, creative spirits, and anyone craving a more vibrant and exciting color-filled life.

Inspired an online course offered by the bonafide art witch Molly Roberts, *Rainbow Magick* dives deep into the magick of color, while tapping into the esoteric, and inspiring readers to bring the magick of color into their lives!

Contributor Bio

Molly is a professional artist, "art witch" and author. After graduating with a BFA in painting, she quickly amassed a loyal and growing YouTube following teaching art magick. Her colorful approach centers on the space where the arts and magickal traditions overlap with a focus on accessibility, self discovery, wellness and play. Over the past eight years, Molly's videos have inspired thousands of burgeoning artists to create art and magick in their own lives. She teaches hundreds of students monthly through her online courses, books, blog and Patreon community.

David & Charles
9781446312902
Pub Date: 16/04/2024
£15.99 UK
Paperback

128 Pages
AGZ
27.3 cm H | 21 cm W



Jelly Roll Animal Quilts

Over 40 patterns for animal quilts, rugs & more

Ira Rott

Key Selling Points

The only animal-themed jelly roll quilt book available.

Includes 40 patterns for smaller quilted projects, such as table mats and rugs, as well as bed-sized quilts.

Lots of quilters start their journey into patchwork and quilting by making a baby quilt and this speaks to that market.

Summary

A collection of more than 40 patterns for animal-themed bed quilts, rugs, mats and wall hangings all made using pre-cut fabric rolls often known as jelly rolls.

Quilters love pre-cut fabric strips because they are quick and easy to use and the fabrics always coordinate. All of the projects in this book are constructed from pre-cut fabric strips that are then sub-cut into 60-degree shapes before being pieced, and the book includes a 60 degree template that can be traced or downloaded for ease.

All of the techniques are explained with detailed step-by-step instructions and comprehensive diagrams. There is also advice about preparing and cutting the strips, the importance of seam allowance, piecing and quilting.

This collection features over 40 patterns for animal-themed quilts, rugs and more – perfect for children's bedrooms and nurseries. In addition to the main animals, there are designs for motifs including paw prints and even fish – ideal for pet bowl mats – and there are instructions for how to mix and match these elements to make personalised variations. All of the projects have an ability rating so you can find your level and build your skills as you go.

The main projects include crib quilts, cuddle throw quilts, quilted wall hangings for decoration, floor rugs and table and pet bowl mats. There are also instructions for how to make themed banners (bunting) using the leftover jelly roll strips, so for each animal there are a variety of different projects to decorate a room.

The techniques for cutting and piecing the fabrics are very comprehensive with step-by-step instructions and diagrams for fast and accurate patchwork. As well as the piecing instructions there are general instructions for how to make a quilt sandwich, quilting techniques, binding and finishing the projects.

Ira explains everything you need to get great results with a professional finish including how to add a non-slip backing to rugs and display strips for the wall hangings so you can hang them without damaging your walls. So in no time you will be making fun animal jelly roll quilts to brighten up your home.

Contributor Bio

Ira Rott is better known for her crochet designs, but she is building a growing platform on social media for her quilt designs. She sells these patterns on Etsy and her bear quilt went viral on social media. This is Ira's first quilting book and her fourth book with David and Charles.



David & Charles
9781446310588
Pub Date: 02/04/2024
£16.99 UK
Paperback

128 Pages
308 Illustration(s)
WFBQ

27.3 cm H | 21 cm W

EDWARD'S MENAGERIE

NEW
EDITION
Includes 15
new patterns



Over 50 easy-to-make
soft toy animal crochet patterns

KERRY LORD



David & Charles
9781446310625
Pub Date: 09/04/2024
£17.99 UK
Paperback

144 Pages
WFBS

27.6 cm H | 21 cm W

Edward's Menagerie New Edition

Over 50 easy-to-make soft toy animal crochet patterns

Kerry Lord

Key Selling Points

An updated edition of this bestselling title, with worldwide sales of over 250,000 copies.

The new edition will increase the collection from 40 to 50 animals, two of which are previously unpublished, refreshed photography and updated patterns.

Perfect for beginners with only one main crochet stitch to master - no special equipment needed and less than one ball of yarn per animal.

Summary

Get ready to spend some time with a suave high-flying rhino, a lovesick elephant who knows her way around a kitchen and a seriously chivalrous tiger... in a new and updated edition of this crochet classic!

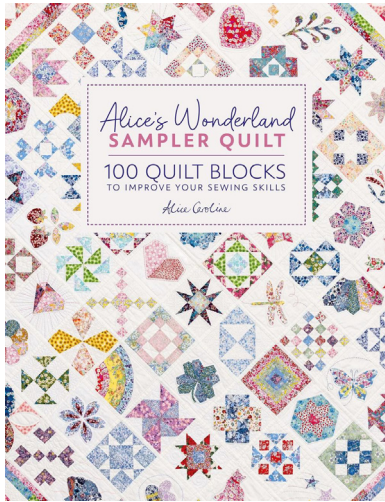
With just two weeks to go before baby Edward's due date, yarn enthusiast and mum-to-be Kerry Lord picked up a crochet hook for the first time and a new obsession began. Over the next 12 months the collection of crochet animals expanded week on week until *Edward's Menagerie* was complete, and the first edition was published in 2014. Ten years on, the book has sold over a quarter of a million copies, while the collection has expanded and improved, prompting a new edition featuring fully updated patterns and a selection of brand new animals.

These cute animals with larger-than-life personalities are made using simple crochet techniques and the step-by-step instructions enable a complete beginner to get hooking straight away. Each animal also has a universal pattern where you can change your hook and yarn to create four different sizes, making 200 different possibilities.

Be warned that these unlikely characters made using a supersoft yarn in a sumptuous natural colour palette will become your new best friends as you hook your way through the whole menagerie!

Contributor Bio

Kerry Lord is the founder and creative director of the TOFT luxury yarn brand (@toft_uk - 82k followers). The yarn brand was born in September 2006, a product of the successful and established family business the Toft Alpaca Stud Farm. She is the author of numerous books including *Edward's Menagerie Birds*, *Edward's Menagerie Dogs*, *Edward's Crochet Imaginarium*, *Alexandra's Garden* and more. She lives in Dunchurch, UK.



Alice's Wonderland Sampler Quilt

100 quilt blocks to improve your sewing skills

Alice Garrett

Key Selling Points

The only sampler quilt book made using stunning and highly desirable Liberty fabrics (though any other fabrics can be used), which will become a true heirloom piece.

Features a combination of designs and techniques – from more traditional pieced blocks to EPP and raw edge appliqué – meaning sewers will build their skills as they progress.

Written by Liberty fabric ambassador Alice Caroline, with over 50k Instagram followers (@alicecarolinefabrics), and featuring a beautiful pastel rainbow palette.

Summary

The exquisite Alice's Wonderland Quilt combines a variety of quilting techniques in one stunning sampler quilt, featuring 100 blocks. Using a variety of machine and hand-sewing techniques, this quilt will improve your sewing skills and be enjoyed as an heirloom piece for years to come.

Gorgeous patchwork designs such as square-in-a-square, checkerboard, log cabin and Ohio Star combine with beautiful English paper-pieced blocks and raw edge appliqué animals, flowers, butterflies, hearts and stars.

Starting with simple patchwork techniques and building from there, you will learn one or two basic techniques across ten different blocks, each one creating completely different patterns simply by using new arrangements and placements. Full-size EPP and appliqué templates, including Alice's unique hand-drawn designs, are provided. Each block forms a 6-inch square which then joins together with the other blocks to make the finished quilt.

After you have made the main blocks, the stunning colourful border of the quilt is added. It includes a double rainbow border, an ivory border, and a further square-in-a-square rainbow border using prints from the main quilt to tie the whole colour scheme together.

Featuring step-by-step illustrations for all the techniques and full-size templates, this stunning sampler quilt will build your skills and leave you with a treasured heirloom to pass on for generations.

Contributor Bio

Alice Garrett of Alice Caroline Fabrics is a designer, entrepreneur and all-round creative. Having completed a PhD in cancer genetics, she started to rediscover her creativity as a maker and designer of dresses, cushions, bags, childrenswear and quilts. Liberty of London Tana Lawn was a natural choice for her projects, with its fine weave, delicate and inventive patterns, and its traditional English heritage. Alice's studio is in a light and airy barn conversion in the tranquil Cotswold hills. Rolls of linens and silks are stashed below the vintage cutting tables, whose previous life was in one of Liberty's regional department stores. She has over 50k followers on Instagram (@alicecarolinefabrics) and is regularly featured in the craft and women's lifestyle press. She lives in the Cotswolds, UK.



David & Charles
9781446312773
Pub Date: 07/05/2024
£19.99 UK
Hardcover

192 Pages
WFBQ
27.3 cm H | 21 cm W



Draw Comic Book Action

Techniques for creating dynamic superhero poses and action

Lee Garbett

Key Selling Points

This is the definitive guide book to drawing comic book action – solely devoted to this specific skill set.

Includes plenty of step-by-step demonstrations plus an Action File of action poses as a quick reference to get you started.

Tips, tricks and guidance from author Lee Garbett – one of the best comic book artists working today.

Summary

What does every aspiring comic artist REALLY want to draw? Action, of course!

Learn how to render all aspects of adrenalin-filled movement, from jaw-dropping superhero antics to kick-ass fistfights. The hallmark of the comic book, the action is what draws a reader in and keeps them hungry for more – in this classic guide all the skills you need to make your action fast-paced and full of movement are laid out on the page, from one of the best creators working in comics today.

Techniques for drawing every dynamic action are explained, from body contact and flying through to fistfights, group rumbles and full-on battles. Everything you need to know to get started as a comic artist, from the tools you need, to techniques for shading and linework are covered, with specific tips and tricks related to creating comic art for publication. Author and comic book artist Lee Garbett introduces the basics of anatomy for comic art, and explains a number of the classic and important poses to master when looking to create dynamic and exciting layouts.

Clever exercises show how to achieve convincing movement, from dynamic standing poses, to running, swinging, flying and fighting. How to use these poses in compositions is also covered, as are a number of the more classic hallmarks of comic art, such as explosions and fight scenes. The concept of camera angles is also explained – the feature of the medium that allows every aspiring artist to be a director, and the rules of pacing are laid out to help the artists guide the comic reader through their vision.

The Action File of comic character drawings in dynamic poses forms an invaluable resource for practice and reference, and can be referred back to again and again, allowing each artist to develop their comic drawing skillset and discover that making drawing comic book action is creative, inspiring and endlessly exciting!

Contributor Bio

Lee Garbett is a *New York Times* best-selling artist, best known for his work on *Batman*, *Lucifer* and *Batgirl* for DC and *Spider-Man*, *Loki: Agent of Asgard* and *Defenders* for Marvel Comics. Lee has produced concept design and promotional imagery for several movies, including *X-Men: Days of Future Past* and *Mile 22* and worked on various ad campaigns and poster designs for the likes of *Lucasfilm*, *Warner Bros* and *The Jim Henson Company*. He is based in the UK.

David & Charles
9781446312971
Pub Date: 07/05/2024
£15.99 UK
Paperback

128 Pages
269 Illustration(s)
AGZ
27.6 cm H | 21 cm W

The Magic of Seeds Card Deck

An inspiration deck for nature lovers

Clare Gogerty

Key Selling Points

Cottagecore-inspired card deck featuring 52 common garden plants, flowers, wildflowers and herbs.

Includes practical advice on harvesting, sowing, seedling care and planting, interspersed with folklore and traditions to connect the reader with the ancient and spiritual practice of growing from seeds.

Easy-to-use format makes it fun and inspiring to plan a garden or find new seeds to try growing.

Summary

Discover the magic of growing plants from seed with this beautifully illustrated card deck. Featuring 52 plants from flowers to herbs, each card shows the full lifecycle of the plant, explores its uses and reveals some of the myths and stories behind its name, with a beginner's guide to growing from seed in the accompanying 16 page booklet.

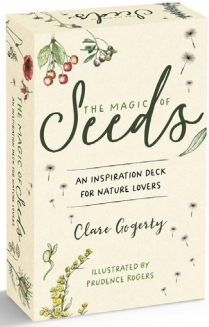
Learn how to identify seeds, when best to plant them and what the blooms that sprout up can be used for in the kitchen, in the medicine kit, or simply to infuse your life with a little natural magic. Presented in a covetable wafer sealed box, the 16-page booklet shares all the information you will need to get started on your seed growing journey. Step-by-step illustrations show the tools and techniques needed to start growing from seed, in an easy to follow format. Alongside this hands-on guidance, the reader will be engaged with snippets of folklore and traditions that further enhance their appreciation of nature and help them discover the inherent magic of seeds. The perfect tool to help you imagine your dream garden, this deck is full of inspiration, helping you discover the seeds for plants that will fill your life with magic.

Because seeds are inherently magical. Every little one has the potential to become a new plant and give you even more seeds - connecting us to the circle of life and nature's endless ability to surprise and delight. The act of planting seeds and watching them grow into seedlings and then on into productive plants is enormously therapeutic. Even when things don't go to plan, a gardener is constantly learning, growing and deepening their connection to nature. With this handy card deck, perfect for beginners or more experience gardeners alike, planning a new garden is easy, and knowing the meaning and story behind each plant makes the process that bit more magical.

Whether you are a practising green witch, or simply an amateur gardener with a spiritual affinity with nature, this card deck will give you everything you need to successfully grow a garden from seed and unlock the wonders of nature.

Contributor Bio

Clare Gogerty lives on a smallholding in Herefordshire, England. A member of the Order of Bards, Ovates and Druids, she has been interested in magick, druidry and folklore since a child, encouraged by her father, an enthusiastic dowser and leyline hunter. A former magazine editor, she is now a freelance journalist and author, writing about spirituality, travel, homes and gardens for magazines and newspapers. She is the author of 'Beyond the Footpath: mindful adventures for modern pilgrims' (Piatkus, 2019) and 'Sacred Places: where to found wonder in the world' (Aster, 2020).



David & Charles
9781446312636
Pub Date: 23/04/2024
£14.99 UK

16 Pages
WMP
14.8 cm H | 9.5 cm W

The Tarot Spreads Year

An inspiration deck for getting to know yourself

Chelsey Pippin Mizzi

Key Selling Points

Features an array of spreads that will allow beginners to build confidence and familiarity quickly.

Has fun accessible spreads for specific relationships or situations - such as Spreads for Friendship, Spreads for Confidence, Spreads for Career, etc.

Presents Tarot as a life tool for use by everyone and the card deck format makes it easy and accessible.

16-page booklet reveals everything you need to know about using this deck and familiarising yourself with the themes explored.

Summary

The Tarot Spreads Year Card Deck features 52 cards and a 16 page booklet that allows beginners to get to know their tarot decks and the cards, build confidence, and find the reading methods that are most comfortable for them - all while having fun and honing their intuition.

Featuring simple spreads for quick and easy readings, as well as more complex in-depth spreads for longer readings, this is an easy-to-use deck for those new to tarot, and an inspiring way for the more experienced Tarot reader to expand and explore new ways of using their cards. If you're a casual Tarot reader, using the cards as a tool for exploring and a great introduction for the casual Tarot reader who is looking for a fun way to experiment.

Presented in a wafer sealed box along with a 16-page accompanying booklet, the cards are separated into four seasons: Growth; Shadow; Change; Care and have spreads for topics such as friendship, confidence, career and intuition. A whole year of growth and tarot in a 52 card deck. In the booklet readers will find guidance on how to engage with the seasons of the tarot year, helping them to decide how to use their deck each week. They could choose to seek out a specific card to explore a thought that's been worrying them, or leave the choice in the hands of fate, pulling a card at random and seeing what spread appears.

With 52 cards that feature ideas for spreads that cover all areas of life, The Tarot Spreads Year Card Deck introduces readers to using the tarot as a tool for mindfulness and creativity, allowing the reader to feel more in tune with the world around them and develop trust in their own instincts. It can be used with any tarot deck, and with a new one to try every week.

Contributor Bio

Chelsey Pippin Mizzi is a writer, entrepreneur, and editorial PR and marketing consultant. Her work has been published in New York Magazine's *The Strategist*, *The Bookseller*, and BuzzFeed, where she was formerly Commissioning Editor for Features. She founded the creativity consultancy Pip Cards Tarot in 2020.



David & Charles
9781446312629
Pub Date: 23/04/2024
£14.99 UK

16 Pages
VXFC1
14.8 cm H | 9.5 cm W



Quick Knit Baby Toys

20 beginner-friendly patterns for knitted baby comforters

Juliette Michelet

Key Selling Points

A clever, original technique to knit 20 characterful comforter toys.

The super easy technique is suitable for beginners, and is explained with clear step-by-step images.

Although the main technique is the same for all the dolls there is a lot of variety in the designs so more experienced knitters can get creative.

Ideal for using up your scrap sock and sweater yarns.

Summary

A charming collection of 20 knitting patterns for baby comforter toys. The dolls are designed to be soft and squidgy so they can be held easily by little hands.

The 20 dolls include animals and people and include a wide range of fun and colourful designs. Choose from one of the simpler designs like the very simple Baby and Bird patterns, through to more complicated designs like the King and the Fox.

The author has developed a clever technique whereby the toys are knitted flat in a rectangle shape and then stitched into a tube shape before being stuffed and closed. Any embroidery details on the clothes are added at this point.

The arms, head and waist as well as features such as ears and antlers are then defined with some clever stitching and there are step-by-step instructions and photographs showing how to do this.

There are also instructions for how to pick up stitches from the initial 'tube' of knitting in order to create clothing details such as skirts, ruffles and frills.

Knitters will love these small projects because they are perfect for using up your yarn stash as they only take small amounts of any colour - you can have great fun deciding which colours to use for each of the outfits.

There is some simple colourwork knitting on some of the characters' outfits including the deer's stranded colourwork sweater, and the boy's apple sweater, and there are large charts for all of these designs as well as for the simple lacework design for the mouse's skirt.

The author uses common embroidery stitches such as satin stitch, French knots and stem stitch to add details to the clothes such as buttons and decorative designs, as well as to create the faces, and there are templates for these designs with instructions for how to transfer them to the clothing. There are also step-by-step instructions and diagrams for all the embroidery stitches used.

So, choose your favourite character and get started today but be warned: knitting these dolls is addictive and we guarantee that you won't be able to stop at one!

Contributor Bio

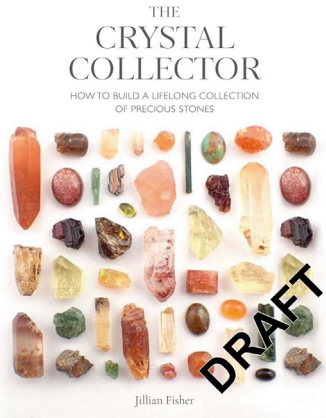
Juliette Michelet is an experienced knitting designer and author with a strong online presence. She is known for her tutorials and patterns for knitting, crochet and punch needle projects.



David & Charles
9781446313596
Pub Date: 21/05/2024
£12.99 UK
Paperback

80 Pages
WFBS

26.3 cm H | 19.3 cm W



The Crystal Collector

How to build a lifelong collection of precious stones

Jillian Aurelia Green

Key Selling Points

Whether the reader is focused on the scientific or spiritual attributes, just beginning their crystal journey, or an enthusiast who wants to deepen their knowledge and grow their collection, this book offers something for all.

Expanding upon simple stone-by-stone directories, *The Crystal Collector* provides a quick and easy way to reference all the crystals that can be used to support the reader's intentions and manifestations.

Provides vital information on the practicalities of how to ethically source, care for, and maintain a crystal collection.

Summary

This is the first crystal book that combines the sought-after metaphysics of the crystal world with the practicality of how to select, source, care for, and curate the reader's growing crystal collection.

Organized into three main sections, Part One offers a behind the scenes look at how crystals are mined, how to differentiate between counterfeit and natural stones, the best avenues for adding to one's collection, and how to source crystals ethically and sustainably.

Part Two, the heart of the book, offers beginners and enthusiasts alike an easy reference to potential crystal collections, whether one is more interested in the scientific mineral type, geologically-curious crystalline features, or by intentional properties.

Part Three spotlights how to care for different types of crystals, and how to organize, curate, and utilize the stones and minerals in one's collection, whether it's the very first or the 100th addition.

Beautiful photographs, along with tips, provide inspiration on how to organize and display crystal collections, while crystal grids offer ways to showcase one's crystals with purposeful intention.

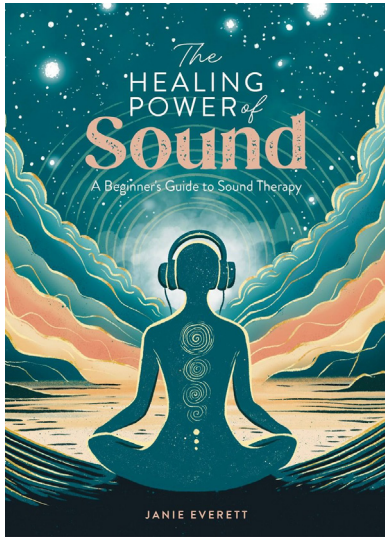
Contributor Bio

Jillian Fisher is a certified crystal and reiki healer, teacher, and co-founder of Sage Crystals, an online and brick-and-mortar store providing ethically-sourced crystals since 2018. After the sudden onset of an illness which left her bedridden for almost a year, Jillian refocused on spiritual healing. Since then, she has created weekly educational live crystal programs which focus on reconnecting to the emotional body, the human collective, and to the earth itself. Find her on Instagram [@sagecrystals](#).



David & Charles
9781446313374
Pub Date: 30/07/2024
£15.99 UK
Paperback

144 Pages
VXPC
22.9 cm H | 20.3 cm W



The Healing Power of Sound

A beginner's guide to sound therapy

Jane Everett

Key Selling Points

Introductory guide to a complex subject – made accessible and engaging.

Captures the interest in alternative therapies and suggest exercises and practices to benefit from the power of sound.

Simple exercises to demonstrate the concepts and additional suggestions for ways to use the lessons from the book in everyday life.

Summary

Discover the magnificent power of sound in this beginner's guide to sound healing.

In *The Healing Power of Sound*, sound therapist, crystal healer and energy worker Janie Everett sets out to unpack the power that come with listening to the world – and the universe – as it vibrates through and all around us. Exploring the healing benefits of engaging with the vibrational frequencies that can soothe the soul, this introductory guide to using sound to heal the mind, body and spirit lays out in the easiest terms how to get the most from engaging more deeply with the sounds that punctuate our every waking moment.

Informed by her work as a sound therapist and energy practitioner, Janie Everett explores the ways we can work with sound and activate its healing powers, all while guiding readers through meditations and exercises that encourage them to fully explore the sense that they perhaps take most for granted. Starting with a gentle introduction to the science that underpins this mystical area, throughout the book there are guided exercises and practices to help you engage with the sounds to be found all around us in everyday life. From the simplest moments of listening intently to nature, needing nothing but your ears to tune into the world, through to a deep dive into all the tools that can enhance a sound healing experience, this comprehensive beginner's guide is packed full of information and practical sound experiences.

The power of sound healing can be felt in the tiniest of vibrations made by implements found in the home, or experienced in the surroundings of an organised sound bath. For those new to sound healing, all the kit you might see if you attend one is explained, leaving you feeling confident and excited to join an organised event, happy in the knowledge that you'll know what to expect!

Containing everything you need to know about to get started on a sound healing journey– from the power of quartz in a wristwatch to the resonance of the background hum of the big bang, *The Healing Power of Sound* will guide readers in how to harness the majesty of the universe to soothe their souls in trying times.

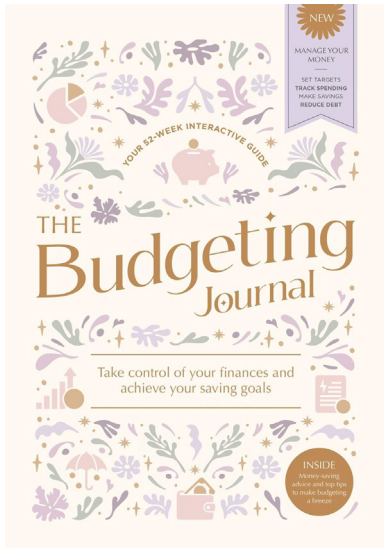
Contributor Bio

Janie Everett is a sound therapist, crystal expert, energy practitioner and astrology obsessive. On a very definite second act, she came to this work through life-defining personal experience, that continues to inform her learning every day. Her work can be seen online @_silenceandnoise_ and she is currently based in the UK



David & Charles
9781446310601
Pub Date: 14/05/2024
£14.99 UK
Paperback

144 Pages
VXA
Series: The Healing Power of
20.8 cm H | 14.9 cm W



The Budgeting Journal

Take control of your finances and achieve your saving goals

Julie Bassett

Key Selling Points

Accessible – and non-threatening – journal for managing a personal budget.
52 week undated format – possible to begin at any point in the year.
Well-constructed introduction to the idea of budgeting with a focus on managing your money in the way that works for you.
Designed for the ordinary person and aimed at women and their specific financial needs.

Summary

A comprehensive and accessible guide to designing – and helping the reader stick to – a budget.

Aimed very much at the ordinary person, this budgeting journal is for everyone who wants to feel more in control of their spending and will help the reader to unpack their habits surrounding money in a non-judgemental and encouraging way.

The journal begins with 20 pages of content that helps readers to understand how being more in control of their money will be beneficial for them, why they might have found it difficult so far, and by looking at how we spend money in the era of contactless and online payments. It then helps readers to identify what their goals surrounding money may be, and how to reach them with.

Written in a calm, warm, tone, it is the perfect starting point for anyone wanting to take their money more seriously. It is a breath of fresh air in a space that often feels crowded with aggressive advice for how to make MORE money – as opposed to managing and enjoying the money you already have.

It is the essential tool for anyone wanting to have a little more oversight on their own spending and keep track of their habits around money. Attractively designed, and easy to follow, it is non-threatening, clear, and very reassuring.

Contributor Bio

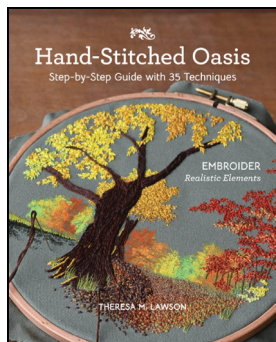
Julie Bassett is a writer based in the UK. After almost a decade working in the publishing industry, as a senior sub editor and editor for a wide variety of magazine titles, Julie started working as a freelance writer in 2013. Since then, she has contributed to a vast number of magazines, books and websites, with a particular focus on health, wellbeing, fitness, mental health, mindfulness, nutrition and family life. Outside of writing, Julie can be found training for her next long-distance running challenge or having mini adventures with her family.



David & Charles
9781446313107
Pub Date: 28/05/2024
£16.99 UK
Hardcover

176 Pages
BJ

21 cm H | 14.8 cm W



Hand-Stitched Oasis

Embroider Realistic Elements; Step-by-Step Guide with 35 Techniques

Theresa M. Lawson

Summary

Capture your happy place with embroidered vignettes. A picture is worth a thousand words but looks even more when it comes alive through creative and passionate embroidery. From the back garden to a sandy beach, Theresa Lawson shares her secrets to skillfully creating embroidered outdoor spaces. Begin with a lesson on creating a design from memory or a photo, then ease into the meditative movement of slow stitching scenes in a forest, home, lake, desert, or garden. Learn 35 techniques to add realistic elements to your embroidery projects, from shadows and highlights to creating texture and depth. Stitch various textures, from foliage and water to pavement and upholstery, to personalize your composition Embroider five projects and add personalized outdoor details to reflect your happy place. Learn 35 techniques to create realistic details and get step-by-step instructions for basic stitches.

Contributor Bio

Theresa M. Lawson found a creative outlet through fiber arts after working many years in an office. When her hand-embroidered portraits became popular, Theresa authored her first book *Hand-Stitched House: a Guide to Designing and Embroidering a Portrait of Your Home*. Theresa is currently living in the Pacific Northwest of the United States with her husband and cat, Nigel. themonsterslounge.com.

C&T Publishing / Stash Books
9781644034125
Pub Date: 25/3/24 (UK)
£16.99
Trade Paperback

128 Pages
129 Illustrations including:
-129 Halftones, Color
including Color Photographs.
25.4 cm H | 20.3 cm W |
453.6 g Wt



The Ultimate Guide to Free-Motion Quilting with Angela Walters

Tips, Techniques & 104 Designs

Angela Walters

Summary

Try free-motion quilting--the Angela Walters way. Filled with inspiring photos, practical tips for making your quilting its best, and an extensive design library, this compendium leaves no stone unturned.

Contributor Bio

Angela Walters is a machine quilter and author who loves teaching others to use quilting to bring out the best in their quilt tops. Her work has been published in numerous magazines, and she is the author of several books. She lives in Kansas City, MO. quiltingismytherapy.com

C&T Publishing / Stash Books
9781644035238
Pub Date: 25/3/24 (UK)
£24.99
Trade Paperback

320 Pages
300 Illustrations including:
-300 Halftones, Color
including Color Photographs
25.4 cm H | 20.3 cm W |
453.6 g Wt



Palette-Builder Color Tool

4 Mini Wheels Feature Tints, Tones, Shades & Neutrals to Spark Creativity; Simple to Use, Easy to Take Along; 12 Numbered Colors, 5 Color Plans, (4) 5" Color Wheels

Joen Wolfrom

Summary

The ultimate color wheel set; simple to use, pleasing color every time. Each color wheel offers a rainbow of ideas that will help you brainstorm and have access to a world of color combinations. From vibrant to muted, the shades of the color wheel can be used to explore composition, contrast, and design. Whether you're an artist, designer, sewist, or quilter who loves playing with colors, this is the perfect tool for your creative needs. Not only can this set give you the perfect combination for any project, but it can also help spark new ideas and creativity. Create countless color combinations with 4 mini color wheels that range from pale pastel tints and jewel tones to moody shades and neutrals. Each color wheel features 5 color plans for handy reference and easy access. Joen Wolfrom becomes your color guide to inspire various color schemes.

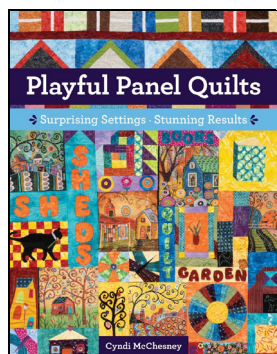
Contributor Bio

Joen Wolfrom is an author, teacher, and owner of JWD Publishing. She has taught and lectured in the quilting field, both nationally and internationally, since 1984. During a span of fifteen years, she created commissioned textile art for private clients and corporations. www.jwdpublishing.com.

C&T Publishing
9781644035207
Pub Date: 25/3/24 (UK)
£15.99
Other Merchandise

4 Pages

26.7 cm H | 13.3 cm W
|453.6 g Wt



Playful Panel Quilts

Surprising Settings, Stunning Results

Cyndi McChesney

Summary

Transform your treasured quilt panels into masterpieces with creative techniques!

Explore the possibilities of creating small freeform quilts using a montage technique that will help you unleash your artistic flair. Using coordinating blocks like barns and books, you'll discover how to integrate panels into traditional quilt settings like Log Cabin and Irish Chain quilts and make them shine in row-by-row quilts. With step-by-step instructions and practical exercises, you'll learn the concepts and techniques to bring your panel quilt designs to life. From graphing personalized quilt blocks to drawing paper-pieced patterns, you'll have all the tools to create a truly unique masterpiece.

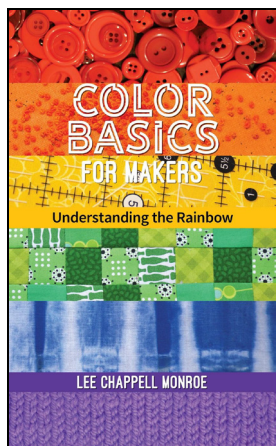
- Learn how to create a montage with panels and identify styles that work with repeated block settings like the Irish Chain or Storm at Sea
- Gain practical skills through exercises by piecing together and assembling art quilts from a pre-determined grid to create a unique panel quilt
- Row by row, make panels the key feature of your new quilt masterpiece by finding your theme and drafting coordinating blocks

Contributor Bio

Cyndi McChesney has been quilting for over 40 years. She has enjoyed a wide-ranging, fulfilling career in the quilting industry as an author, quilt shop owner, custom quilt maker, and instructor throughout the US and Canada at national shows, guilds, and quilt shops. She lives in New Kent, Virginia.
cedarridgequilting.com. Author Social Media Facebook: @cedarridgequilting YouTube: Cyndi McChesney Website: www.cedarridgequilting.com

C&T Publishing
9781644035030
Pub Date: 25/4/24 (UK)
£14.99
Trade Paperback

64 Pages
108 Illustrations including:
-108 Halftones, Color
including Color Photographs
27.9 cm H | 21.6 cm W |
453.6 g Wt



Color Basics for Makers

Understanding the Rainbow

Lee Chappell Monroe

Summary

Interactive guide to understand and apply the fundamentals of color!

Confidence is key when it comes to color! Join Lee Monroe as she shares the tips and tricks from her most popular art class useful for every crafter at any skill level. Using fine art and design knowledge, she shares an overview of color theory that demystifies the concepts. Learn the color fundamentals and get a clear understanding of how the saturation of the color pigment changes as white, black, or grey are added. Readers then explore what makes a successful palette and how different color combinations affect the mood of a finished piece. Try out the concepts in any medium with hands-on exercises and practical beginner-friendly projects. Elevate your art with a true understanding of color theory!

- Learn to select and use color with confidence with hands-on exercises that demystifies choosing and using colors
- For every crafter and artist! Work with fabrics, paint, embroidery, printmaking, colored pencils, and more
- Gain insight on how to combine colors, and find practical applications for identifying colors, values...

Contributor Bio

Lee Monroe is an instructor, designer, and well-loved quilter who designs under the brand May Chappell. Lee is known for her clean and innovative modern quilts and her thorough and easy-to-understand instruction. She lives in Winston-Salem, NC. maychappell.com

C&T Publishing
9781644032107
Pub Date: 25/4/24 (UK)
£14.99
Trade Paperback

80 Pages
116 Illustrations including:
-116 Halftones, Color
including Color Photographs
22.9 cm H | 13.3 cm W |
453.6 g Wt



QuiltGenius Graph Paper

8" x 10", 60 Sheets; 3 Grid Styles, 1/4" Square (30 Sheets), 1/4" Diagonal (15 Sheets) & 1/4" Isometric (15 Sheets)

C&T Publishing

Summary

The perfect graph paper for planning quilts and general craft projects. Designing a quilt project is all fun and games until it's time to figure out how to make it work. QuiltGenius Graph Paper provides a solid foundation for planning and executing even the most complex of ideas. Bring your design from conception to reality with the help of our specialty graph paper that includes 60 pages and three grid styles: 1/4" (30 pages), 1/4" diagonal (15 pages), and isometric (15 pages). Makers of all skill levels across quilting and other crafts can use the graph paper to aid in their creative journey. The paper makes the technical, precise work easy so you can focus on what matters most: expressing your creativity through one-of-a-kind designs.

Contributor Bio

C&T Publishing is a craft book publisher encompassing a range of subjects, including quilting, sewing, embroidery, cozy mysteries, cosplay, and more. Made for makers by makers, our product development team works together to create practical and dynamic products that stir creativity and promote self-expression. ctpub.com

C&T Publishing
9781644035399
Pub Date: 25/4/24 (UK)
£9.99
Other Merchandise

60 Pages
25.4 cm H | 20.3 cm W |
128.3 g Wt

QuiltGenius Design Tool Kit

Stencils, Graph Paper & Booklet to Unleash Your Creativity; Easily Draft Quilts & Blocks; (1) 8" x 10" Stencil, (4) 4" x 8" Stencils; 16-Page Booklet; 60 Sheets of Graph Paper, 3 Grid Styles

C&T Publishing

Summary

Be your own quilt designer, no computer or software needed!

Let your creativity soar with this fun, fast, and simple way to design your own quilts — no computer or software is required! Simply use the layout stencil to form the outline of your quilt with the pre-marked standard quilt sizes, or choose your dimensions with the marked grid. Mix and match 80+ stencil shapes in various sizes to put together a design with all of your favorite layouts and blocks, including squares, HSTs, QSTs, triangles, circles, Drunkard's Path quarter circles, Flying Geese, hexies, rectangles, diamonds, kites, and more!

- Perfect for planning quilt layouts and blocks, the QuiltGenius Design Tool Kit makes it fun to capture your unique ideas quickly and easily.
- Play with 80+ stencil shapes with your favorite quilt blocks; the possibilities are endless!
- Easy-to-follow instructions and inspiration are included in a portable booklet.

Contributor Bio

C&T Publishing is a craft book publisher encompassing a range of subjects, including quilting, sewing, embroidery, cozy mysteries, cosplay, and more. Made for makers by makers, our product development team works together to create practical and dynamic products that stir creativity and promote self-expression.
ctpub.com



C&T Publishing
9781644035382
Pub Date: 25/4/24 (UK)
£29.99
Other Merchandise

2 Pages
29.2 cm H | 24.1 cm W
1453.6 g Wt

Barn Star Sampler Eco Tote

Reusable Grocery and Shopping Bag, Lightweight Folding Gift Tote Bag

C&T Publishing

Summary

Style meets durability with this new tote bag! Cart your quilting fabric, books, groceries, and more in this sturdy and spacious bag that will become your new go-to carryall. It features The Barn Star Sampler quilt from Shelley Cavanna, best-selling author of Barn Star Sampler. The environmentally conscious tote is made from recycled water bottles, making it water-resistant. With double handles, you can carry it over your shoulder or on your arm as needed. Heavy-duty, double-handled, oversized tote bag with an interior pocket, easy access opening, shoulder straps, and sturdy stitching. Bottom panel is reinforced for standing upright and carrying books, sewing projects, and more. Gorgeous printed bag shows off Shelley Cavanna's The Barn Star Sampler quilt from her book, Barn Star Sampler.

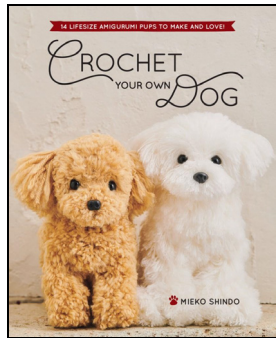
Contributor Bio

Shelley Cavanna is a self-taught quilter, teacher, textile and quilt designer, and the owner of Cora's Quilts. She makes her home near Sacramento, California, with her husband and their two boys. corasquilts.com Author Social Media YouTube: <https://www.youtube.com/corasquilts> Facebook: <https://www.facebook.com/CorasQuilts> /Instagram: <https://www.instagram.com/corasquilts/> Website: CorasQuilts.com



C&T Publishing
9781644035375
Pub Date: 25/2/24 (UK)
£12.99
Other Merchandise

38.1 cm H | 39.4 cm W



Crochet Your Own Dog

14 Lifesize Amigurumi Pups to Make & Love!

Mieko Shindo

Summary

Crochet lovable dogs that look like the real thing, fur and all! This collection of 14 adorable amigurumi dogs features designs that look so lifelike, you half expect them to bark! Start by crocheting a foundation with basic amigurumi techniques, then add yarn and "groom" with scissors and brushes to create beautiful fur. Add the eyes and nose and watch a cute little dog come to life as if by magic.

You'll find designs for all your favorite small breeds, including: Poodles, Papillons, Dachshunds, Schnauzers, Shih Tzus, Yorkies, Pomeranians, Maltese, and Bichon Frise. The designs are nearly life-size, adding to the realistic nature of their appearance.

Step-by-step color photos offer detailed guidance for crocheting and styling the dogs to create realistic features. Crochet instructions are presented in both written and chart format for ease of use.

These pups make wonderful gifts for dog-loving friends and family members. You can customize the yarn colors to match a furry friend in your life and have fun trimming and styling the fur until you achieve your desired look. Crochet your own adorable cani...

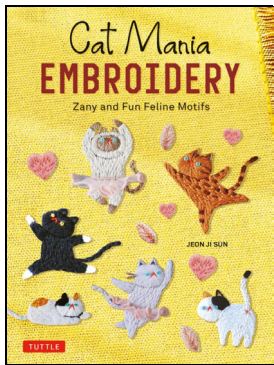
Contributor Bio

Mieko Shindo is a fiber artist known for her adorable animal creations. A lifelong crafter, she made her first crochet doll in 2011, which was an amigurumi version of her dog. After making an amigurumi version of her friend's pet as a gift, she started receiving orders and became addicted to making crochet animals. She loves sharing her original techniques for making these special dolls and has published multiple books in Japan and holds workshops regularly. Visit her website at monpuppy.com and find her on Instagram @mieko.monpuppy

Zakka Workshop
9781940552835
Pub Date: 5/3/24 (UK)
£19.99
Trade Paperback

128 Pages
26 cm H | 21 cm W

NEW WHOLESALE TITLES AVAILABLE NOW



Cat Mania Embroidery

Zany and Fun Feline Motifs

Jeon Ji Sun

Summary

A cat in a tutu is worth a thousand words!

Using the most common embroidery stitches, *Cat Mania Embroidery* places your feline friends in wacky situations of the kind they'd probably get themselves into, given half the chance. Wide-eyed "Who--me?" cats; dancing, frolicking cats; cats in the air and in the water(!); and cats full of attitude who'll try just about anything once. Whatever the setting or situation, they have never been more adorable!

With this book you can make nearly 70 quirky cat motifs, and almost 30 different projects, including:

- Decorative items featuring adventurous cats in bottles, teapots and other tight spaces
- A wind chime of under-the-sea cats--even a mermaid cat (oops--a mercat?)
- A rather surprised airborne cat on a little pouch
- Cats making themselves useful for once, as bookmarks
- Cats in the bathtub, flying to the moon, dancing the hula, and up to all kinds of lighthearted antics

Illustrated step-by-step instructions teach the basics and offer a refresher in the stitches you'll use. Lessons on making appliques and patches, covered panels, fringes, and finished hoops a...

Contributor Bio

Jeon Ji Sun (a.k.a. Nyang Stitch) is a needleworker who loves cats and embroidery. She offers embroidery workshops and kits for sale in her native Korea. Thousands of cat-loving embroiderers have subscribed to her YouTube channel (<https://www.youtube.com/c/nyangstitch>) and Instagram (@nyang_stitch). Visit her blog at https://blog.naver.com/nyang_stitch.

Tuttle Publishing
9780804856034
Pub Date: 5/9/23 (UK)
£15.99
Trade Paperback

176 Pages
30 projects; 70 designs;
color photographs; includes
templates and diagrams
25.4 cm H | 19.1 cm W



Crochet Cute Forest Friends

26 Easy Patterns for Cuddly Woodland Animals

Sarah Zimmerman

Summary

Stitch Up Your Newest Cuddle Companions

Crochet the cutest, cuddliest, coziest creatures of the forest with this beginner-friendly guide to amigurumi animals from Sarah Zimmerman, bestselling author of *Crochet Cute Critters* and creator of Repeat Crafter Me. These 26 simple patterns will transport you to a whimsical world of woodland animals begging to be snuggled and squeezed. Each endearing pattern requires only the simplest stitches, straightforward assembly and widely-accessible yarn so you can stitch up your squishiest new companion in record time.

From forest floor friends and treetop dwellers to riverside animals and nocturnal critters, there's a pattern for every cherished creature of the woods. Sweeten your space with a smiling green Frog, or liven up your nest with a lovable Owl. Create a not-so-rascally Raccoon, a friendly Fox or a darling Deer to invite playful cheer into your everyday. Why not complete the whole collection by crocheting them all! Even if you're new to crochet, these easiest-ever patterns are guaranteed to bring you boundless joy.

Contributor Bio

Sarah Zimmerman is a crochet designer, author and creator of the craft and crochet blog Repeat Crafter Me. She offers simple, free patterns and is known for having easy-to-follow tutorials. Sarah posts new projects weekly on www.RepeatCrafterMe.com. She lives just outside Phoenix, Arizona.

Page Street Publishing
9781645678816
Pub Date: 19/9/23 (UK)
£15.99
Trade Paperback

144 Pages
25 photographs
WFBS
300 g Wt



55 Fantastic Japanese Knitting Stitches

(Includes 25 Projects)

Kotomi Hayashi

Summary

"At last, we have a book in English from Kotomi Hayashi! *55 Fantastic Knitting Stitches* brings us (yes) 55 stitch patterns that will be fun to use in designing and personal knitting. Some are challenging, some are variations on a theme, and all are new and interesting." --Gayle Roehm, knitting teacher, author and translator for the knitting best-sellers *Japanese Knitting Stitch Bible* and *250 Japanese Knitting Stitches*

The perfect book for needlework enthusiasts who want to try the unique Japanese style of knitting!

Popular and prolific author and knitwear designer Kotomi Hayashi presents 55 innovative stitch designs--specifically for those who have never tried Japanese-style knitting before. These include re-imagined modern variations on traditional stitches as well as Hayashi's own innovative inventions, which incorporate influences from her travels all around the world.

These beautiful stitch patterns, influenced by knitting styles from around the world, include:

- Delightful reversible patterns--you get two garments in one!
- Patterns with motifs in relief that add dimension and texture to...

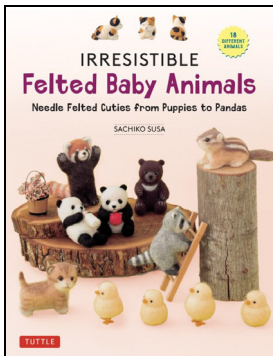
Contributor Bio

Kotomi Hayashi has been knitting since childhood, and has a passion for incorporating knitting techniques from around the world. She began designing children's clothing after the birth of her first child. After serving as a craft book editor for many years, she started writing her own books on topics such as openwork knitting, Scandinavian-style knitting, and sock making, and she's been at it for over 20 years. In addition to her books, many of her designs are available on Raverly.com.

Tuttle Publishing
9780804855952
Pub Date: 19/9/23 (UK)
£16.99
Hardcover Paper over boards

96 Pages
25 projects; over 90 color and b&w photos; over 100 charts, diagrams and schematics

27.9 cm H | 21.6 cm W



Irresistible Felted Baby Animals

Needle Felted Cuties from Puppies to Pandas (with Actual-Sized Diagrams)

Sachiko Susa

Summary

"Susa's approach to needle felting will give beginners the know-how to get started, but experienced felters will also appreciate her whimsical designs." --*Library Journal*

Irresistible Felted Baby Animals shows you how to bring out the playfulness and wide-eyed innocence of sweet young creatures of backyards, barnyards, woodlands and seas from all over the world. This new collection by Sachiko Susa, the author of the bestselling *Cute Needle Felted Animals*, will appeal to beginners and experienced felters alike.

Learn how to create felted cuties from all walks of life!

- An easy and incredibly cute baby seal, chick or penguin
- Woodland buddies like foxes, bears and raccoons
- Exotic friends from foreign lands like the panda, lion, koala and manul
- Family pets like puppies, kittens, bunnies and hamsters
- And more--18 different animal friends in 30 different poses!

Perfect for beginners and experienced felters alike, the felting projects are presented according to the level of experience required to make them, with detailed step-by-step instructions for each. Actual-size diagrams for the key body parts ...

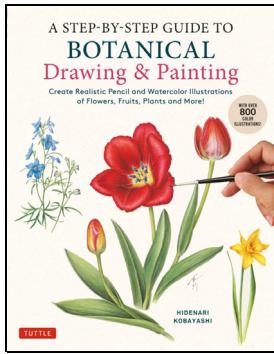
Contributor Bio

Sachiko Susa is a master felter and maker of stuffed toys, specializing in expressive little animals both realistic and novel. Her books have been translated into many languages. She is the author of *It's A Small World Felted Friends*, *Sweet & Simple Felted Animals*, *Cute Needle Felted Animals* and *Pom-pom Pokemon*.

Tuttle Publishing
9780804856409
Pub Date: 17/10/23 (UK)
£14.99
Hardcover Paper over boards

80 Pages
18 different animals in 30 different poses; color photos throughout; actual-sized diagrams

25.4 cm H | 19.1 cm W



Tuttle Publishing
9780804856393
Pub Date: 17/10/23 (UK)
£16.99
Trade Paperback

128 Pages
With Over 800 illustrations
27.9 cm H | 21.6 cm W

A Step-by-Step Guide to Botanical Drawing & Painting

Create Realistic Pencil and Watercolor Illustrations of Flowers, Fruits, Plants and More! (With Over 800 illustrations)

Hidenari Kobayashi

Summary

Bring the glory of the outdoors into your home with colorful, stylish, frame-worthy paintings!

In this lushly illustrated book, master painter and art teacher Hidenari Kobayashi provides step-by-step instructions to show you how to create attractive drawings and paintings in the popular French botanical style. He details all the tools and materials needed, describes the techniques you'll use, and walks you through the creative process of drawing and painting 18 different botanical subjects.

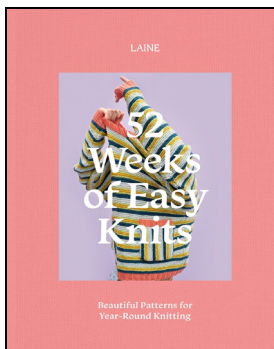
A Step-by-Step Guide to Botanical Drawing & Painting provides everything you need to learn this charming style of artistic expression--from first sketch to final brushstroke!

Detailed step-by-step lessons show you how to draw and paint a wide variety of subjects, including:

- Lovely flowers, such as velvety roses, satiny tulips, frilly hydrangeas, exotic lilies and festive wildflowers
- Familiar vegetables, fruits and nuts such as red onions, green peppers, lemons, kumquats and walnuts
- Various other interesting botanical subjects, including pine cones, holly leaves and berries, succulents and various types ...

Contributor Bio

Hidenari Kobayashi received his art degree from Tokyo's Wako University. He studied at the Catalunya State Bookbinder Art School in Barcelona, Spain, and he won the Director's Prize from the National Museum of Nature and Science at the 6th Botanical Drawing Contest. In addition to participating in solo and group exhibitions in Japan, Korea, the UK and elsewhere, his work has been featured in the *Hunt Botanical Painting International Open Call Exhibition* at Carnegie Mellon University. He teaches botanical art courses at colleges and community centers throughout Japan.



52 Weeks of Easy Knits

Beautiful Patterns for Year-Round Knitting

Laine

Summary

***52 Weeks of Easy Knits* is a contemporary collection of 52 uncomplicated knitting patterns, ranging from beanies, mittens and scarves to sweaters, socks and cardigans, from Nordic knitting experts Laine.**

For people who are picking up needles for the very first time, or for experienced knitters who are looking for an effortless comfort project, this gorgeous book contains a fun, cosy and modern knitting pattern for every week of the year – each one a pleasure to knit. The 52 projects have been contributed by leading knitwear designers from across the world. The book uses a 'super easy' label to mark the patterns that are perfect for your very first knitting project. Each project is accompanied by beautiful and helpful photography, and supported by extra material on the Laine website.

Following on from the bestselling *52 Weeks of Socks* and *52 Weeks of Scarves*, *52 Weeks of Easy Knits* is a classic book to return to again and again, not just for weeks but for years to come. Knitting is more than just knit, knit, purl. It is a feeling.

Contributor Bio

Laine is a publishing house based in Finland. They publish books focusing on knitting, crafts, food and lifestyle, as well as *Laine*, their international knit and lifestyle magazine. They draw influence from the beauty of the everyday, cherish natural fibres and want to create timeless, long-lasting garments. Their intention is to inspire all to gather and share, to be part of a community of like-minded knitters, makers and thinkers from near and far.

Hardie Grant Books
9781743799703
Pub Date: 9/11/23 (UK)
£19.99
Paperback - with flaps

264 Pages
Full-colour Photography
WFBS
Series: 52 Weeks of
27 cm H | 21 cm W | 990 g
Wt

NEW WHOLESALE TITLES COMING SOON



The Great British Sewing Bee: Made to Measure

All You Need to Know to Sew Clothes that Truly Fit

The Great British Sewing Bee

Summary

Take a fitting masterclass from the team behind *The Great British Sewing Bee*.

From adjusting patterns to altering ready-made garments, learn how to personalise your makes to suit your style with this go-to guide. Starting with the basics, learn how to measure yourself and grade between sizes before moving onto pattern adjustments including darts, bust, bum, back, bicep and mobility adjustments.

Discover the art of preparing and fitting a toile to create a custom fit for your body, with expert tips from the world of couture and costume making. Featuring a section with advice on altering clothes you already own, you'll also be able to inject a new lease of life into ready-made garments that don't fit *quite* right.

This book is an indispensable reference for skilled sewers that will show you how to get a perfect fit to create that professional finish.

Contributor Bio

The Great British Sewing Bee is a BBC reality show that began airing on BBC Two on 2 April 2013. Sara Pascoe hosts the show, as 12 talented home sewers are challenged to create gorgeous garments, under the scrutiny of judges Esme Young and Patrick Grant, for the title of Britain's Best Amateur Sewer.

Caroline Akselson is a Costume Technician at Wimbledon College of Arts. She has previously written *GBSB: The Skills* (2023) and co-authored *GBSB: Sustainable Style* (2020).

Quadrille
9781787139534
Pub Date: 18/1/24 (UK)
£16.99
Hardcover

160 Pages
Full-colour Photography and
Illustrations
WFB
Series: The Great British
Sewing Bee
21 cm H | 16 cm W



Visible Mending

Repair, Renew, Reuse The Clothes You Love

Arunna Khounnoraj

Summary

In the movement against throw-away culture and fast fashion, learn how to pick up a needle and rediscover the forgotten techniques and joy of mending.

Covering 12 core techniques, 10 key stitches and 12 projects, explore why we should mend and how to mend a variety of different fabrics using this book.

Demystifying the mending techniques through a directory of stitches and clear step-by-steps, from repairing to reusing and renewing the clothes you love – stitch over tears, dye stains and celebrate a more sustainable life.

By Hand: Visible Mending is for those who want to be less wasteful, more sustainable and add a personal touch to their garments.

Contributor Bio

Arunna Khounnoraj is a Canadian artist and maker based in Toronto, where she emigrated with her family from Laos at the age of four. While her education includes a Masters in fine arts, it was through subsequent residencies that she found her current focus in fibre arts. In 2002 she started Bookhou, a multi-disciplinary studio with her husband John Booth. Together they explore a variety of printing and embroidery techniques through making utilitarian objects such as bags, home goods and textiles. She has previously published *Punch Needle* (2019), *Embroidery* (2022) and *Winter Celebrations* (2023) with Quadrille.

Quadrille
9781837830732
Pub Date: 15/2/24 (UK)
£16.99
Hardcover

144 Pages
Full-colour photography and
illustrations throughout
WFBC
Series: By Hand
21 cm H | 16 cm W



52 Weeks of Socks, Vol. II

More Beautiful Patterns for Year-round Knitting

Laine

Summary

From knitting experts Laine, *52 Weeks of Socks, Vol. II* is a colourful, abundant and even more versatile book on patterns than its bestselling predecessor.

The patterns, contributed by a diverse group of 47 talented designers from all over the world, are clear, approachable and graded into three sizes, and are accompanied by gorgeous photography. Using a variety of different techniques and yarns, this book has something for both beginners and advanced knitters, including lace, cables, stripes, ruffles, colourwork — even a pair embellished with beads!

52 Weeks of Socks, Vol. II offers even more inspiration for all sock enthusiasts. They are fun to make, quick to finish and always needed — no wonder so many knitters love socks!

Contributor Bio

Laine is a publishing house based in Finland. They publish books focusing on knitting, crafts, food and lifestyle, as well as *Laine*, their international knit and lifestyle magazine. They draw influence from the beauty of the everyday, cherish natural fibres and want to create timeless, long-lasting garments. Their intention is to inspire all to gather and share, to be part of a community of like-minded knitters, makers and thinkers from near and far.

Hardie Grant Books
9781761450297
Pub Date: 21/3/24 (UK)
£18.99
Paperback

256 Pages
Full-colour Photography
WFBS
Series: 52 Weeks of
27 cm H | 21 cm W | 1,000 g
Wt



Weaving

A Modern Guide to Creating 17 Woven Accessories for your Handmade Home

Mary Maddocks

Summary

Weaving is a modern guide that celebrates this ancient art. By nature, weaving is a gentle and slow craft and it will help you to discover the joy of making.

Covering nine key stitches and multiple techniques, Mary Maddocks will teach you how to create your own woven fabrics, find inspiration from the natural world, and stitch a collection of 17 timeless homewares and accessories.

Demystifying this craft through clear step-by-step instructions, from warping up your loom and using a shuttle to maintaining the correct tension and removing and displaying your work, this book has all the guidance you need to make and finish beautiful weavings.

By Hand: Weaving is for those who want to learn a new craft, be more sustainable and create designs to cherish.

Contributor Bio

Mary Maddocks is a textile artist based in South Gloucestershire, England. Having grown up in Wales she is hugely inspired by the Welsh countryside, and this fed naturally into her weaving, which is heavily influenced by natural textures, colors and patterns.

Quadrille
9781837831715
Pub Date: 4/4/24 (UK)
£16.99
Hardcover

144 Pages
Full-colour photography and
illustrations throughout
WFG
Series: By Hand
21.1 cm H | 16 cm W | 510.3
g Wt



Quick & Easy Crochet: 35 simple projects to make

Fast and stylish patterns for scarves, tops, blankets, bags and more

Melody Griffiths

Summary

Discover 35 patterns for gorgeous clothes and accessories to make with just yarn and a crochet hook in no time at all.

The 35 designs in this book offer a range of contemporary garments and accessories to make on the move – from hats and gloves to children’s clothes, and from bags and cushions to wraps and throws. The crochet techniques are simple to master and impressive pieces can be achieved without expertise. With just one stitch motion to learn, the rows grow fast, while making a crochet motif, such as a decorated square, is a satisfying quick fix. The rows can grow in a linear way, which is ideal for beginners, or you can work freehand to create your own effects. Many of the projects can be made in a weekend, and the portability of crochet means it is the ideal pastime to enjoy while travelling on the train, waiting for the bus or taking a work break. These stunning projects, all designed with speed in mind, come complete with a step-by-step techniques section so you can get started right away.

Contributor Bio

Melody Griffiths commissioned and designed garments and accessories for women’s magazines and worldwide yarn manufacturers for over 20 years. As well as designing, she worked as a knitting editor and is the author of *Crocheted Throws & Wraps* and *201 Crochet Motifs, Blocks, Projects and Ideas*.

9781800653337
Pub Date: 11/6/24 (UK)
£14.99
Paperback - with flaps
128 Pages
100 col photographs and
artworks
WFBS
Series: Quick & Easy
27.6 cm H | 20.8 cm W



SEARCH PRESS LIMITED

The world's finest art and craft books

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